



Evangelical Lutheran Church in America
1314 E Lexington Blvd • Eau Claire WI 54701-6434
2021, October Newsletter—Vol. LXVII No. 10

Neighbor to Neighbor Sunday

On October 24, our children's Faith Formation classes will wrap up their first unit about "Neighbors" with a special guest! Deacon David Behling and the Neighbor to Neighbor (Vecino a Vecino) Ministry will lead our children and their families in a short presentation and activity during our Faith Formation time. This special visit is open to anyone in the congregation who would like to learn more about how we can be good neighbors! Deacon David will also be preaching at both worship services on October 24.

Monday Night Adult Faith Formation

While Monday Night football may be a priority in October, why not have a pre-game warm up at church? Come join other adults as we embark on a four-week series diving deeply into four core elements of Reformation theology. We'll even get you home in time for kickoff. Each Monday in October, from 6:30 P.M.–7:30 P.M., we will focus on a sola. You have probably heard of them but never really focused too much on them: Sola Scriptura, Sola Fide, Sola Gratia, and Solus Christus. Scripture alone, faith alone, grace alone and Christ alone were new learnings that set the Protestant faith apart from the teachings of the church in the 1500's. Come and discover why they're still important for your life today. Please sign-up at Clipboard Central or call the church office at 715.832.6601 to register.

Sola: The five solae (from Latin, sola, lit. "alone;" occasionally Anglicized to five solas) of the Protestant Reformation are a foundational set of principles held by theologians and clergy to be central to the doctrine of salvation as taught by the Reformed branches of Protestantism. Each sola represents a key belief in the Lutheran and Reformed traditions.

New Member Orientation

"Discover Trinity" is the one-time event designed to introduce new people to our congregation's mission and many ministries. If you're looking for a faith community to provide you support, guidance, and growth in faith as well as joyful fellowship and opportunities to serve with people who love God, please join us! "Discover Trinity" is available for you to learn more about our church and become a member. The next "Discover Trinity" will be held on Sunday, October 17, at 10:45 A.M. To register, please call the church office at 715.832.6601 or email trinity@trinity-ec.org



Upcoming Fundraisers

Noah's Ark Preschool Fall Chipotle Fundraiser

Help support Noah's Ark Preschool by eating at Chipotle Mexican Grill! During the hours of our fundraiser night, Noah's Ark will receive 33% of the proceeds of all orders designated to support Noah's Ark. Orders must be placed at the Golf Road location only, 4738 Golf Road, on Tuesday, October 12, from 4:00 P.M.–8:00 P.M. Order your food at the restaurant or online. If you order in person, tell them you are supporting Noah's Ark Preschool. If you order online, you can support Noah's Ark by using the code: 8JJB62. Watch for more information on our Noah's Ark and Trinity Facebook pages soon!

Christmas Wreaths

Trinity youth will be taking orders for Christmas Wreaths and Door Swags from Baroka's Wreaths again this year. Mark your calendars to order between November 1 and 15!





Youth and Music

Youth choir rehearsals begin on September 29! God's Little Singers (GLS), Jesus and Me (JAM), and Totally Joyous Christians (TJC) kick off their season of music and worship beginning at 5:00 P.M. For the health and safety of all, youth choir members will remain masked while indoors and maintain 3 feet distance while actively singing. In addition, we have installed air filters/purifiers into each rehearsal space. For more information, contact Dr. Frank Watkins (frank@trinity-ec.org), Jeanne Cooper (jeanne@trinity-ec.org), or Corinne Gransee Paral (corinne@trinity-ec.org). To register for choir, go to our webpage trinity-ec.org and click the blue "register here" button.



Trinity Choir

We invite anyone from confirmation age and beyond to sing in our adult choir. We hope all choir members will be vaccinated in order to rehearse safely, adjusting throughout the year to follow necessary safety guidelines. We are in need of singers in all voice ranges. Our rehearsals have changed from Thursdays to Wednesdays from 6:45 P.M.–7:45 P.M. in room 507 immediately following the Wednesday worship service. We welcome "snowbirds," singers with busy schedules and occasional conflicts, and offer a special invitation to new members of Trinity. If you have any questions, please contact Trinity Choir Director, Gary Rambo, at 715.832.4429.

Help with Communion

- **Communion Servers Needed** • Do you enjoy serving others? If so, being a communion server is a great way to be involved in worship. We always need communion servers on the first and third Sundays of each month. To sign-up, please visit Clipboard Central.
- **Communion Prep Volunteers Needed** • We are also looking for families or individuals to help prepare and clean up the elements for communion. The tasks are very simple. Preparing includes placing wafers in baskets, filling our new communion trays with disposable cups, filling the cups with wine and grape juice with a squeeze bottle, and moving them to the worship center. Clean up includes storing unused wafers, disposing of the filled unused cups, and putting items away.

For more information or if you are interested in volunteering with this ministry, please contact Frank Watkins at frank@trinity-ec.org

Healing Service

The Healing Service is offered the third Sunday of the month at 9:15 A.M. in the chapel. It is a brief service devoted to prayers for healing and comfort. It is for anyone who is in need of healing in body, mind, or spirit or who knows someone for whom they would like to pray. Please join us on Sunday, October 17.

October Circle Meetings

- **Deborah** • Wednesday, October 20, 9:30 A.M. Trinity
- **Miriam** • Wednesday, October 20, 9:30 A.M. Trinity
- **Ruth** • Tuesday, October 19, 1:30 P.M. Trinity

Global Mission Update

—Kumamoto, Japan, Jackie and Patrick Bencke, Missionaries.

In Jackie's September newsletter, she shared the following news.

- COVID 19 in Japan: Japan continues to be in a difficult position regarding the spread of the virus. Jackie reported that Tokyo now sends COVID 19 patients to hospitals that are up to six hours away because their hospitals are overloaded and they cannot receive any more patients. They also have a shortage of doctors who were "voluntold" by the IOC to work the Olympics and Paralympics—this did not help the situation as another surge is underfoot. Jackie has asked us to hold Japan in our prayers.
- Home Assignments 2022: There has been talk from the ELCA headquarters that home assignments may resume in the summer of 2022. The Benckes had planned to be in our area in the summer of 2020, and Trinity was on their list to visit. Of course it got cancelled due to the pandemic and at this point, it is a wait and see for next summer.

Please keep Jackie, Patrick, Emily, and Hannah in your prayers.



Trinity Library

Yippe! Trinity's Library is open for business. Come in and check out a book!

- *Lost Boy Found* by Kirsten Alexander. Perfect for fans of *Sold on a Monday*, this Southern historical novel, based on the true story of a boy's mysterious disappearance, examines despair, loyalty, and the nature of truth. (FIC ALE)
- *Lost Roses* by Martha Hall Kelly. Set a generation earlier, this *Lilac Girls* prequel features Caroline Ferriday's mother, Eliza, and follows three equally indomitable women from St. Petersburg to Paris under the shadow of World War I. (FIC KEL)
- *The Fifth Avenue Story Society* by Rachel Hauck. When five New Yorkers receive an anonymous, mysterious invitation to the Fifth Avenue Story society, they suspect they're victims of a practical joke. No one knows who sent the invitations or why. No one is prepared to reveal their deepest secrets to a room full of strangers. Yet curiosity and loneliness bring them back week after week, and they discover the stories of their hearts and the kind of friendship that heals their souls. (FIC HAU)
- *Sensible Shoes* series by Sharon Garlough Brown. Four books recommended and donated by Vicki Dueringer, Parish Nurse.
 - Book One—*Sensible Shoes*. Follow the stories of four women as they are drawn into a spiritual formation journey at a retreat center: Hannah, a pastor who doesn't realize how exhausted she is; Meg, a widow and recent empty nester who is haunted by her past; Mara, a woman who has bounced from relationship to relationship, trying to navigate a difficult marriage; Chrissa, a hard-working graduate student who wants to get things right.
 - Book Two—*Two Steps Forward, A story of Persevering in Hope*. The women from *Sensible Shoes* are taking their next steps in the spiritual formation journey. But each of them is finding roadblocks along the way.
 - Book Three—*Barefoot, A Story of Surrendering to God*. The spiritual journey takes unexpected turns for the women of *Sensible Shoes*. Challenged to persevere in hope, can they now embrace the joy of complete surrender?
 - Book Four—*An Extra Mile, A Story of Embracing God's Call*. The women of *Sensible Shoes* are navigating both deep joy and devastating loss. Can they find equilibrium in the midst of all that has changed?

Free Devotionals

Pick up the two daily devotionals for this fall in the information rack in the lobby today. There are also a few large-print editions available.



Memorials & Gifts

Library

- In memory of Barbara Vorhes: Bob & Mary Schoenknecht, Lori Juneau, Family & Friends, Lucia Ellen Walton
- In memory of Nicholas Westcott: Lori Juneau

Prayer Shawls

- In memory of Barbara Vorhes: Bob & Mary Schoenknecht

Bibles

- In memory of Barbara Vorhes: Leatrice Solberg
- In memory of Nicholas Westcott: Ron & Cindy Beck

Memorials

- In memory of Barbara Vorhes: Rose Sippel
- In memory of Arlene Martinson: Rose Sippel, Kent & Jennifer Martinson, Doris Husberg, Jerry & Sharon Colburn, Char Finseth, Stan & Marlene Larson, Kenneth Pohl & Mary Angela Mulligan-Pohl, Dee Maug, Mark & Suzanne Becker
- In memory of Anna Trullinger: Bob & Jane Blockhus, Norma Christopher, Carol Simonson
- In memory of Nicholas Westcott: Carla Brandrup
- In memory of Bev Aasen: Pat Garber
- In memory of Lauren Books: Marjorie Timm
- In memory of William & Beatrice Tumm: Marjorie Timm

Food Pantry

- In memory of Roman Fritz: Joel & Kris Moldenhauer, Timothy & Roxanne Fritz, Susan Kortness-Staples, Pat Garber, Shirley Parr, Cathy Kelley
- In memory of Bev Aasen: Family & Friends, Harold & Irene Schiefelbein, Luther Strasburg, Mark & Catherine Kaeding, Barb Tischer, Jerry & Donna Higbie, Tom & Sheila Zahorik, Warren & Marlene Schultz
- In memory of Anna Trullinger: Sharon DeRusha
- In memory of Nicholas Westcott: Sharon DeRusha

Endowment Trust

- In memory of Anna Trullinger: Chuck & Sue Nyberg

Quilters

- In memory of Anna Trullinger: Jim & Lynn Gullicksrud



TrinityBook Club

On Tuesday, October 19, at 6:30 P.M. in the lobby, the group will discuss *A Gentleman in Moscow* by Amor Towles. In 1922, Count Alexander Rostov is deemed an unrepentant aristocrat by a Bolshevik Tribunal and is sentenced to house arrest in the Metropol, a grand hotel across the street from the Kremlin. Rostov, an indomitable man of erudition and wit, has never worked a day in his life and must now live in an attic room while some of the most tumultuous decades in Russian history are unfolding outside the hotel's doors. Sign up at Clipboard Central or email Cindy Beck at cindy@trinity-ec.org if you plan to attend.



Prayer Friends

Being a Prayer Friend is a powerful way to connect with God, and it is an extraordinary blessing to have other people praying for you. The Youth Leadership Team invites adults to be Prayer Friends with our seventh grade confirmation students. We ask that if you commit to be a Prayer Friend, you are not only committing to praying for a youth for the 2021–2022 school year but also making it a priority and commitment to attend our Prayer Friend event on Wednesday, March 9, from 6:35 P.M.–7:00 P.M. in the Trinity Room. To sign-up to be a valuable Prayer Friend, please contact Ashley at 715.832.6601 ext. 209 or ashley@trinity-ec.org

When Your Address or Phone Changes

Whenever you're moving or changing to "temporarily away" with the United States Postal Service, any mail Trinity sends to you is returned at a cost per item. Please inform the church office when your address changes or you're going away and having your mail held. If you are eliminating or have eliminated your land line and are going exclusively to a cell phone, please share your phone number with your church. Email address and phone updates to Amber Moltzau at amber@trinity-ec.org Thank you!



The Quilt Ladies

Come join the group! Quilting pros and novices alike are invited to join at any time. The group meets on the second and fourth Tuesdays each month at 9:00 A.M. in Trinity's lobby. Sew a quilt, and give the everlasting "warmth" and "comfort" of God's love! Join us October 12 and 26.

Free Devotionals

Pick up the two daily devotionals for this fall in the information rack in the lobby today. There are also a few large-print editions available.

Online Prayer Requests

You're invited to share prayer requests at trinity-ec.org by using the Prayer Request button. These requests go to our Prayer Link Team, and then they pray!

If you appreciate the benefits of prayer and are willing to pray for those who share requests, join our Prayer Link Team under the Grow menu at trinity-ec.org You will receive a monthly update of prayers and some inspiration for your praying. Please contact Cindy Beck for more information at cindy@trinity-ec.org

Inter-Faith Prayer Service

Please plan to join the Eau Claire faith community for our next Inter-Faith Prayer Service on Wednesday, October 6, at 6:30 P.M. Due to the current situation, we will once again gather online. Our Zoom host will be Rev. Kathy Reid Walker from First Presbyterian Church.

- <https://us02web.zoom.us/j/89051782366?pwd=QVR2aVd3ZVJ0MmhPNy9sM2pyaFYwZz09>
- Meeting ID: 890 5178 2366
- Passcode: 845737
- One tap mobile
- +19292056099,,89051782366#



Children, Youth & Family Ministries

Noah's Ark and Early Childhood Enrichment

We are designed by God, so we are special! The children in our Noah's Ark classes, as well as our Come and Play classes, are getting that important message right away as they begin class this fall. We have 50 children back in school at Noah's Ark. They are busy learning routines, meeting new friends, becoming peacemakers already, and feeling the love of God as each wonderful teacher welcomes their students with love and patience. We celebrate that love as we consider how each one of us is a special creation by God!

We are happy to welcome our younger children back to our Early Childhood Enrichment classes this fall after not running these classes last year. We have two year olds in our Come and Play program in the nursery on Tuesday and Thursday morning. They are welcomed and loved by Gina Toutant and Natasha Durnick. On Wednesday morning, Gina welcomes the Music and Movement children and parents/guardians. It's wonderful to have these programs up and running again. We pray all will remain healthy so they are able to continue.

Again this fall, we are unable to hold our annual fall Noah's Ark Taco Fiesta Fundraiser supper for the preschool and congregational members. It is disappointing to have to forego this event again this year as it is always a wonderful opportunity to build our community as well as contribute to our budget financially. However, we are having a Chipotle fundraising event where you are invited to enjoy some fiesta food and support the preschool. Orders must be placed at the Golf Road location only, 4738 Golf Road on Tuesday, October 12, from 4:00 P.M.–8:00 P.M. Order your food at the restaurant or online. If you order in person, tell them you are supporting Noah's Ark Preschool. If you order online, you can support Noah's Ark by using the code: 8JJB62. Watch for more information on our Noah's Ark and Trinity Facebook pages soon!

God's Peace,

Marlee Knickerbocker

Trinity Trunk-or-Treat

Join us on Wednesday, October 27, from 5:00 P.M.–7:00 P.M. for our Halloween Trunk-or-Treat! Come to Trinity's backyard dressed in your Halloween costumes to see some awesomely decorated trunks and receive some great Halloween Tricks and Treats! If you would like to decorate your trunk (and yourself!) and hand out candy, contact Heather Day at heatherd@trinity-ec.org



Child Friendly Worship

Children are a gift from God, and they are an integral part of the worshipping community of Trinity. As a result, we try to facilitate ways for families to bring their young children to worship and to encourage children and youth to be active participants.

We are now offering activity bags for small children to use during worship to keep their hands busy. These bags can be found near the entrance to the worship center. In order to keep germs from spreading, please place used activity bags in the receptacle marked "Used Activity Bags." Thank you!

Workshop Leaders

We are seeking Workshop Leaders for our Faith Formation classes! We seek to create an environment in which young people feel safe to be who they are, express their creativity, and ask honest questions. Our upcoming Bible Story units are The Widow's Offering (October 31–November 21) and Advent and Christmas (November 28–December 19). If you are interested in leading a 4-week workshop on Sunday mornings or Wednesday evenings, please contact Heather Day at heatherd@trinity-ec.org.

Luther Park Recharge

Luther Park Recharges are scheduled for October 8–9 and October 22–23. This retreat is 24 hours of camp to recharge faith through faith discussion, music, friends, and activities. This year's theme is *Growing in God's Love*.

The registration cost is \$80 and includes programming from 6:30 P.M. Friday until 6:30 P.M. Saturday, meals, lodging, and a Recharge t-shirt. Sign-up at the Toolbench AND register online at www.lutherpark.org or call 715.859.2215. Trinity staff are not guaranteed to be present at this event due to COVID.



Care & Concern Ministries

From the Parish Nurse

Dear Trinity Members,

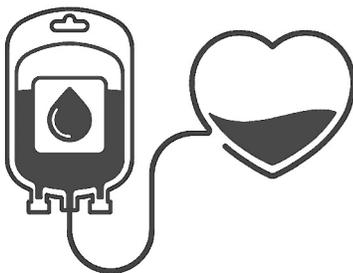
As with every monthly newsletter, I wait for some inspiration to guide me on what to write. This month is no exception. As many of you know, even though I am officially retired, I still help out weekly at Mayo in Employee Health and with one of the COVID-19 vaccine clinics. I have found myself getting more and more frustrated with people who won't get vaccinated and even more so with those who try crazy "remedies" found online. Recently I was reading excerpts from *Jesus Calling* by Sarah Young looking for that inspiration. I found an entry that really hit home and made me smile.

Think of this as Jesus speaking to me and you. *"You have been on a long, uphill journey, and your energy is almost spent. Though you have faltered at times, you have not let go of my hand. I am pleased with your desire to stay close to me. There is one thing, however, that displeases me: your tendency to complain. You may talk to me as much as you like about the difficulty of the path we are following. I understand better than anyone else the stresses and strains that have afflicted you. You can vent safely to me, because talking with me tempers your thoughts and helps you see things from my perspective. Complaining to others is another matter altogether. It opens the door to deadly sins such as self-pity and rage. Whenever you are tempted to grumble, come to me and talk it out. As you open up to me, I will put my thoughts in your mind and my song in your heart."* Jeremiah 31:25; Philippians 2:14–15

So I am going to work on lessening my complaining and lowering my frustration. That will be better for my blood pressure and mental well-being. But it is not going to be easy!
Vicki Dueringer, Parish Nurse

Red Cross Blood Drive

There will be two fall blood drives. The first is Friday, October 29, from 12:00 P.M.–6:00 P.M. This drive is organized by Keane Thompson, Trinity member, who is working toward getting his Eagle Scout. Then in November, we will have our last drive of 2021 on Thursday, November 18, from 12:30 P.M.–6:30 P.M. Please mark your calendars and sign up at redcrossblood.org for one of these blood drives.



Blood Pressure Screenings

These screenings are presented to the community to increase awareness and knowledge of prevention, detection, and management of hypertension (high blood pressure) and are provided free by your Health Ministry Team. Because it is possible to have high blood pressure without any symptoms—and because untreated high blood pressure can cause serious problems, even death—it is often called the "silent killer." Come to the free blood pressure screening clinics, and let the church help you monitor and control your blood pressure. Blood pressure checks will be on the second Sunday of each month following each worship service, typically in the church office.

Friends of Flynn Update

The students and staff are back in school, and Trinity's Friends of Flynn Committee members have already engaged in supporting our partner school, Flynn Elementary.

- **School Supplies:** Thank you to those people who donated school supplies and backpacks. We will furnish supplies throughout the school year as needed, especially markers that seem to wear out within a few months. Monetary donations designated for school supplies were used to purchase cartons of facial tissue and extra water bottles as requested by the teachers.
- **Healthy Snacks:** During September, volunteers purchased, packed, and delivered cheese sticks, three times, and bananas, three times, for each student. We also purchased additional non-perishable snacks for each classroom to have on hand when students are not able to bring them.
- **Staff Appreciation:** Candy bar treats were given to the Flynn staff just for fun and to show our support for all their efforts as they began a new school year.

For more information on how to volunteer, contact Michelle Olson at 715.577.3033. Financial donations are always welcomed (indicate FOF on your gift) as well as prayers for a safe and productive school year. Thank you.



Senior Luncheon Gathering

The August picnic luncheon was a huge success. We had 62 people sign-up! A huge thank you to Ashley Olson, Youth Ministry Director, and Pastor Tom Westcott for recruiting Trinity Youth and the Memorial football team to help serve and clean-up. The event would not have been a success without their help. We hope to have another get-together (dessert and coffee/tea) sometime in October. We have not worked out the details, and COVID-19 will play a role in that decision. Please watch for an announcement in the near future. Below is the recipe for the chicken salad we had at the luncheon.

Best-Ever Chicken Salad

Ingredients

- 1 rotisserie chicken
- 1 cup seedless grapes cut in half
- 2 stalks celery finely diced
- 1 ½ tsp dried dill
- 1 ½ tsp dried parsley
- ½ c. mayo
- ½ c. Miracle Whip
- Juice of 1 lemon
- 1 Tbsp Dijon mustard
- Salt and pepper to taste

Directions

- Pull meat from chicken and coarsely chop.
- In a large bowl, mix chicken, grapes, and celery.
- In a smaller bowl, mix mayo, miracle whip, lemon juice, mustard, dill, and parsley. *This can be made the day before.*
- Add mayo/mustard mixture to the chicken mixture and gently stir until well combined. Cover and refrigerate at least one hour.
- May be served on a croissant, artisan bread, or bed of lettuce. Can also add tomato slices, avocado, etc.

New Food Pantry Hours

As of September 1, our Food Pantry has adjusted hours to better fit the needs of our guests and volunteers. Our new hours of operation are:

- Monday 1:30 P.M.–3:00 P.M.
- Tuesday 1:30 P.M.–3:00 P.M.
- Tuesday 4:30 P.M.–6:00 P.M.
- Thursday 1:30 P.M.–3:00 P.M.

Thank you for all of your support!



For some people, the loss of work and other resources due to the pandemic has made them turn to food banks to survive. Feed My People Food Bank in Eau Claire said that demand was up five percent in the first half of 2021 compared to the same time period in 2019. As a result, Feed My People is now letting more than a core group of volunteers back into its buildings to help them work to meet the community's need for services during the pandemic.

Feed My People has received plenty of food and money donations, but the food bank needs more volunteers to help everyone. That's why Feed My People is excited to welcome back more volunteers to its buildings. Feed My People is currently limiting volunteers to groups of no more than 15. Volunteers are practicing social distancing, but masks are only required for people who aren't fully-vaccinated. Opportunities include packing emergency food bags, repacking bulk product, and picking orders for our food pantry partners. If you'd like to volunteer, you can visit the Feed My People Food Bank website https://www.fmpfoodbank.org/get_involved/volunteer.phtml

"Serving in Christ's Love and Sharing the Good News"

A Reconciling in Christ Congregation of the Evangelical Lutheran Church in America

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World Missions

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Blantyre Lutheran Parish, Malawi, Africa
Jacqueline & Patrick Bencke, Japan

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- Please submit all articles for the Tidings **electronically** in MS Word, Corel WP format, or in the body of an email. Submit to: cindy@trinity-ec.org
 - All submissions must be your own work. Any copyrighted material (code, images, or otherwise) must include written permission from the original source.
 - Deadline for the November Newsletter is October 15.