



## Your Voice in the Pastoral Succession

During October, a major component of the succession process takes place, The Congregation Assessment Tool, or CAT, survey will be available throughout the month for all Trinity members age 15 and older. Please be sure to add your voice to the process. It's very important!

To ensure a transparent process, the Council has retained the services of Walkalong Consulting. Dr. Jim Pence is now working with the Council, Transition Team, Call Committee, Start-Up Team, as well as pastors and staff. He will be in regular contact with the Bishop and staff of the NW Synod of WI who will recommend candidates who fit the "Ministry Site Profile." This profile is developed via input from the CAT which represents the voices of the Trinity Congregation.

As our congregation enters this period of pastoral transition prior to the retirement of Lead Pastor Kurt Jacobson, please know your input is valued, and needed in this process.

- Read more about the process: [trinity-ec.org](http://trinity-ec.org) Transitions page
- Questions for the Transition Team: email [transitions@trinity-ec.org](mailto:transitions@trinity-ec.org)

## "The Story" this Month

Join us in worship on Sundays or Wednesdays this month as we look at intriguing parts of the continuous story of God and God's people through Old Testament accounts. This month will include:

- October 4 & 7 Chapter 4—Moses/Deliverance
- October 11 & 14 Chapter 5—New Commands and a New Covenant
- October 18 & 21 Chapter 6—Wandering
- October 25 & 28 Chapter 7—The Battle Begins

Prepare for worship by reading the chapter of the week before coming to worship. Pick up a copy of "The Story" in the Trinity lobby or church office while still available or download a Kindle version at [amazon.com](http://amazon.com)

## Seven Big Conversations about Faith

The regular Adult Forums after worship have resumed. Our first series is "Seven Big Conversations about Faith." We'll use a brief video introduction by leaders of Christian thought to explore perspectives on God, religion, Jesus, salvation, the cross, the Bible, and church. Plan to be a part of these weekly forums in the Fireside Room at 9:05 A.M. or 10:35 A.M.

## Spaghetti Supper

Noah's Ark Preschool will host their Annual Spaghetti Supper Fall Harvest Bash on Tuesday, October 20, from 4:00 P.M.—7:00 P.M. Come feast on a great spaghetti supper, meet new and old friends, enjoy children's activities, watch the Balloon Guy, and participate in our annual Silent Auction. The Silent Auction begins at 4:00 P.M. and ends promptly at 7:00 P.M. with basket winners announced at 7:01 P.M. In advance, individual tickets are \$4.00 for ages 2–12 years and \$7.00 for age 13 and older. Advance tickets are available in the office during the week and in the lobby on Sundays, October 5 and 12. Tickets will also be sold on Wednesday, October 8, after worship. At the door, adult ticket prices will increase to \$8.00. See you there!

Co-sponsors of this event to date are: Here We Grow Again, Mike and Gina Toutant, The Coffee Grounds, Texas Roadhouse, Courtney Kanz, and Stokes-Herzog Advertising. A tithe from this event will go to the benefit account for "Maddie Presler," a Noah's Ark alumni student.





## BECAUSE OF GOD'S GREAT MERCY

"But you are a chosen race, a royal priesthood, a holy nation,  
God's own people." —1 Peter 2:9

Sisters and Brothers in Christ, grace and peace be with you!

"Because of God's Great Mercy" is Trinity's stewardship emphasis this fall beginning October 25. The scriptural basis of this focus on what God has entrusted to us is 1 Peter 2:9: "But you are a chosen race, a royal priesthood, a holy nation, God's own people, in order that you may proclaim the mighty acts of him who called you out of darkness and into his marvelous light."

We begin by proclaiming all that God has done for us; hence the title "Because of God's Great Mercy." God has made us God's own people. As we prepare for a time of transition in Trinity's life, we recognize the faithfulness of God in the life of this congregation. God has blessed us, and God will continue to bless us. Your presence and giving have been an instrumental part of that blessing and a foundation for our future.

We will also consider how generous giving is an important part of every Christian's life and how our combined generosity can make even greater things possible through our congregation.

We will think together about how our giving to Trinity is an important part of our Christian faith and how Trinity uses our offerings to do God's work within the congregation's walls, in our community, and around the world; things like youth ministry, the food pantry, disaster response, and more.

"Because of God's Great Mercy" will ask you to do two things.

- First, you will be asked to increase your giving to Trinity by at least ½ of 1% of your household income.
- Second, you will be asked to consider using an automatic funds transfer program that Trinity already has in place for your giving.

In both ways, we will be building on the blessings and foundation that has helped Trinity live into our mission of "Serving in Christ's Love and Sharing the Good News."

"Because of God's Great Mercy" will use mail, e-mail, and time in worship to share information with you. Be on the lookout for this specific material during this time. Thank you for your partnership in sharing the Good News of Christ!

In Christ,  
Pastor Brahm



## Key Leaders Meet with Consultant

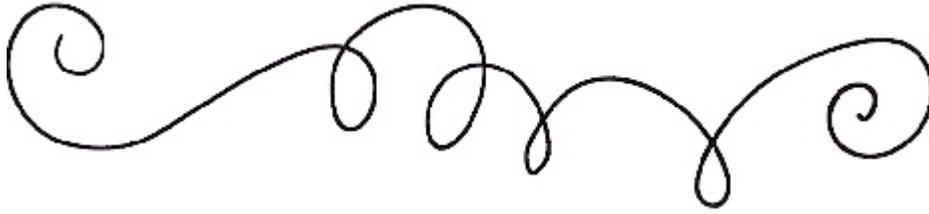
Last month, our transition consultant, Dr. Pence of Walkalong Consulting, met in a weekend retreat with forty-five members who comprise the Transition Team, Call Committee, Start-Up Team, Council, pastors, and staff. The seven hour retreat included:

- Reviewing the history of the congregation and developing a "Presentation wall" on display in the Trinity Room.
- Discussing what we learned from previous transitions in the Lead Pastor role.
- Working on a statement articulating the Vision for Transition.
- Understanding the importance of transparency and inclusiveness of all members in the process.
- Introducing the assessments by Holy Cow Consulting which include surveys to be taken by Council, Succession Teams, the staff, and all members. Throughout October, all members age 15 and older are asked to take the CAT.

Two more succession planning retreats are scheduled. The data from the C.A.T. and interpretation of it will form the retreat on November 13–14. The last retreat on January 8–9 will focus on producing and endorsing a final draft of the Ministry Site Profile which the Bishop will use to match candidates for the Call Committee to interview.

On Sundays November 15 and January 10, Dr. Pence will again lead congregation-wide forums so all members are apprised of the process and invited to ask questions.

Transition Team members are Brandon Thorsness, Chairperson; Arla Prestin, Communications; Suzanne Becker, Council Liaison; Chris Lindahl; George McLeod; Mary Strayer; and Larry Studt. Pastor Kurt Jacobson will participate with the team up until November 15. After that time, he will be available as a consultant in the work they'll do to assimilate the C.A.T. data into an evidenced-based Ministry Site Profile. Dr. Pence is directing the work of the Transition Team and Pastor Kurt's engagement with them.



## Dear Trinity Congregation,

Noah's Ark is off to an amazing start, and we are having fun! The beautiful children are making each day wonderful. Please stop by the Noah's Ark hallway to see their cute faces on our Wall of Peacemakers. Noah's Ark is an awesome place to be.

God's call to me in 1983 to teach at Noah's Ark was so strong. The interview process with Pastor Jack Olson and the Preschool Committee convinced me quickly to move from teaching elementary students to early childhood. And since then, I have been enjoying early childhood education as much as ever before. With the start of this preschool year, I want to inform you, the congregation of Trinity, of my plans to retire at the completion of the 2015–2016 school year. I will stay through July 31, 2016 to assist the new Director/teacher.

My 33 years at Noah's Ark Preschool have flown by. During the early years here, I was fortunate to work closely with Mary Schoenknecht who grew to be one of my most treasured friends. I've also been blessed to spend 24 years teaching daily with Ginny Lien and the last 20 years with Jill Kasmarek and Marlee Knickerbocker. All three are amazing teachers. They are articulate in what they believe, are energized by our beautiful children, have strong personal faiths, and are determined to make each day the best day it can be for the children of Noah's Ark. Daily, we strive for age appropriate activities that proclaim God's love and presence in our world. I give thanks for these teaching friends.

I have grown personally in my own faith through wonderful connections here at Trinity. I owe much to the entire Trinity staff: Kurt, Cindy, Amber, Brahm & Sarah, Jim, Heather, Gail, Shirley, Vicki, Cassie, Lisa, Alicia, Sara, Don, Sheri, Pat and wonderful previous pastors and staff. We have taken seriously our call to this ministry and our partnership with Trinity congregation. These wonderful people are my special friends.

It's been an honor and privilege to serve in Christ's love and share the Good News here at Noah's Ark and with our wonderful faith community of Trinity Lutheran Church. I call this place "home," so you'll see me around here regularly after I retire. I'll also be spending much time with treasured grandchildren and their families. I am so blessed!

Now, as the Noah's Ark family grows together this year, we'll be celebrating and making many new memories that will last a life time. Hugs to you all...and blessings on the road. Go in peace!

Love,  
Jeanne Cooper

## Register for "Making Sense of Scripture"

You're invited to attend "Making Sense of Scripture" on Thursday evenings, beginning October 8, from 6:15 P.M.–7:45 P.M. led by Pastor Jim. All of us recall a book that was so good we couldn't put it down. Yet, how about the Bible? Be honest. The book has transformed lives for centuries, though not many would describe it as a book "I just couldn't put down." In "Making Sense of Scripture," topics will be presented about the Bible and how to read the Bible so you won't want to put it down!

Register at Clipboard Central after worship or via our website under the "Grow" link. Books are \$13 and can be purchased in our office. Deadline to register is Wednesday, October 7! Contact Pastor Jim at [jim@trinity-ec.org](mailto:jim@trinity-ec.org) for more information.

## Men's Ministry Engages "The Story"

The Saturday morning men's ministry, Men of Integrity, are using "The Story" as the framework for their weekly meetings every Saturday from 8:00 A.M.–9:00 A.M. in the Fireside Room. It is a time for guys to connect with other guys on matters of faith and topics of interest.

This ministry will focus on the themes/Bible stories from "The Story" that are being used in worship. A brief DVD presentation will be followed by guided conversation led by a group leader. There isn't any expectation to be present every week; simply attend when you're available!

Come and check out a great men's ministry on Saturday mornings! We'll keep the coffee brewing and look forward to experiencing God's story as a part of our story. Contact Joel Higgins at [joel@higginstravel.com](mailto:joel@higginstravel.com) for more information.



## Lunch with Pastor Brahm

Bring your lunch and join Pastor Brahm for a Bible Study this fall over the lunch hour. We will meet four Tuesdays (October 20, 27, and November 3, 10) to focus on four characters from the Old Testament and their unique stories of faithfulness: Rachel, Joseph, Moses, and Joshua. We will gather from 12:05 P.M.–12:55 P.M. The workbook costs \$6. Sign-up at Clipboard Central or contact Pastor Brahm at brahm@trinity-ec.org for more details.

## "Soles for Special Souls" Thank You

We are thrilled to share that our "Soles for Special Souls" ministry of outreach provided 259 pairs of shoes for children through our Food Pantry! As a result of a \$500 grant from the Shopko Foundation, remaining funds from 2014, and generous financial contributions this past spring, we were able to provide \$6,065 to pay for shoes.

Given the closure of Kmart, who assisted this shoe ministry in the past, we began a new partnership with Shopko this summer. The leadership at Shopko were excited about this community outreach opportunity and the staff worked well with those bringing in vouchers for shoes. Overall, we couldn't be more pleased with this new partnership!



Thank you for supporting this ministry of providing new shoes for children as they went back to school!

## Hunger Awareness Month at Trinity

*Facts:* Seven million pounds of food were distributed by Feed My People Food Bank in 2014. That number has tripled since 2009! Trinity's Food Pantry served over 26,000 people in 2014.

The mission of Trinity's Food Pantry is to assist in addressing hunger needs in the Eau Claire community and beyond. This is possible through your faithful support in financial gifts, food donations, and volunteering in our pantry. In August, over 2,800 people received over 17 tons of food from us!

October is "Hunger Awareness" month at Trinity, and we are aspiring to raise \$10,000 to support our mission of addressing hunger in our community. When you give a financial gift this month, a \$5,000 match from Feed My People Food Bank will allow us to do even greater things through our congregation's outreach.

Your designated gift can be placed in the offering plate in worship or dropped off in our office during the week. Thank you for contributing to the strength and vitality of this mission!

## Providing Meals to Hungry Children

Nearly 60% of children at Flynn Elementary qualify for the federal free or reduced lunch program. These children often struggle with hunger on the weekends when school meals are not available. But, there is GOOD NEWS. Trinity's Friends of Flynn Ministry partners with Feed My People each week to provide weekend meal bags to over 90 children. We help pack the meals, deliver them to the school, and share in the cost. Thank you to everyone who helps make this possible. You are a blessing to these children! If you would like to support this ministry, note "Friends of Flynn" on your donation.



**The church directory has arrived. You can pick yours up on Sunday morning or in the church office during the week!**

## Affirmation of Baptism

Join in praising God and celebrating the Affirmation of Baptism of our sophomore confirmation students on Sunday, October 25, during the 8:15 A.M. and 9:45 A.M. Worship Services.

## Senior Citizens The Friendship Group

The Friendship Group will meet on Wednesday, October 14, at 10:00 A.M. in the chapel. The program will be presented by Priscillamae Olson, local artist and author, who will discuss the difficulties of publishing her most recent book *The End of the Road*. Lunch will be on your own at Perkins.

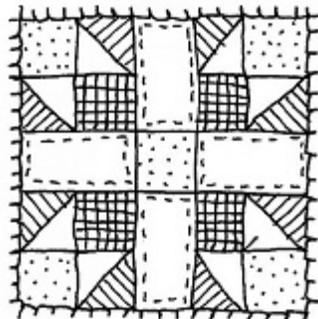
## Care Center Communion Services

The Trinity pastors provide monthly worship services at three senior living facilities: Heatherwood, Oakwood Residences, and The Clairemont. If you have a friend or family member at any of them, encourage them to worship when the Trinity pastors are present.



## Quilt News

This month the "Quilt Ladies" will ship the last of the quilts to Lutheran World Relief. This year the quilters donated 3 quilts to Bolton Refuge House, 13 quilts to The Hands Foundation Homeless Veterans Project, 45 quilt bags to The Hands Foundation Homeless Veterans Project, 30 quilts to homeless students of the Altoona School District, 31 for Homeless students of the Eau Claire School District, and 117 quilts to Lutheran World Relief. That's a total of 194 quilts! In addition, we sent 100 Personal Care Kits for Lutheran World Relief.



The "Quilt Ladies" meet on the second and fourth Tuesdays of each month at 9:00 A.M. in the Lobby. You are invited to join them for fellowship and fun while you work on a worthy cause.

## Women's Giving Circle Annual Meeting

All Trinity members are invited to join the Women's Giving Circle as they meet on Sunday, October 11, in the Trinity Room. Refreshments will be available at 11:00 A.M., and the meeting will begin promptly at 11:15 A.M. (They'll be finished by noon so you won't miss the Packer game!)

Even if you are not yet a voting member, come to find out more about this exciting new organization as they review and vote on their first set of grant recommendations. Board members for 2016 will also be elected. Read more about the Women's Giving Circle on the Endowment tab of Trinity's webpage or contact Mary Hanson at [rye@hoopsinc.com](mailto:rye@hoopsinc.com)

## Eau Claire Area Women's Group

The Women's Ministry of the new Spirit Lutheran Church in Eau Claire is hosting a relaxing evening for women of all ages. Join us, and other women of faith, at our Main Street Campus, 1310 Main Street (Our Saviors Lutheran) for an evening of fun, food, and fellowship. On Tuesday, October 6, at 6:30 P.M. Moira Kneer will join us as she shares stories about "What Do I Do With All These Dwarfs?" For more information, or if you have questions, contact Helene Anderson at 715.874.5207

## Second Annual Advent Tea

Mark your calendars and plan to join us for the 2nd Annual Advent Tea on December 7 from 1:30 P.M. – 3:30 P.M. There will be entertainment by a "not yet named" quartet of Warren & Mavis Hermodson and Gary & Mary Rambo, a presentation by Noah's Ark Preschool and even a Christmas Carol "Sing-A-Long." Please sign up in the lobby beginning November to come and to bring Christmas cookies or fancy sandwiches to share. Just like last year, if you have Christmas dishes and/or decorations that you would be willing to share, please contact either Phyllis Grohn (715.836.7055) or Sheila Running (715.832.9686). Watch for future reminders and details to come.

## Circle Listings

### Deborah

Thursday, October 15, 9:30 A.M.  
Trinity  
Hostess: Vicki Fields  
Leader: Rose Sippel

### Martha/Mary

Tuesday, October 20, 7:00 P.M.  
Trinity  
Hostess: Vila Nygaard  
Leader: Group

### Miriam

Wednesday, October 21, 9:30 A.M.  
Trinity  
Hostess: Shirley Anderson  
Leader: Group

### Ruth

Wednesday, October 20, 1:30 P.M.  
Hostess: Shirley Freeberg, 4404 East  
Robin Meadows  
Leader: Group



## When Your Address or Phone Changes

Whenever you're moving or changing to "temporarily away" with the United States Postal Service, any mail Trinity sends to you is returned at a cost per item. Please inform the church office when your address changes or you're going away and having your mail held.

And if you are eliminating or have eliminated a land line and going exclusively to cell, please share your phone number with your church. Email [new information to heatherd@trinity-ec.org](mailto:heatherd@trinity-ec.org)



## Time to Reap A Crop of Good Books

# Book Harvest

### For Children

- *The Day the Crayons Quit* by Drew Daywalt. When Duncan arrives at school one morning, he finds a stack of letters, one from each of his crayons, complaining about how he uses them. (++) FIC DAY)
- *The Day the Crayons Came Home* by Drew Daywalt. One day, Duncan is happily coloring with his crayons when a stack of postcards arrives in the mail from his former crayons, each of which has run away or been left behind, and all of which want to come home. (++) FIC DAY)
- *If You Plant a Seed* by Kadir Nelson. This beloved award-winning author-illustrator shares a gently humorous story about the power of even the smallest acts and the rewards of compassion and generosity. (++) FIC NEL)
- *What Pet Should I Get?* by Dr. Seuss. Every pet looks like fun, so how in the world do you pick just one? It isn't easy, but it can be done as Dr. Seuss shows in this newly discovered story about an age-old problem. Turn to the end of the book for a note about Dr. Seuss, his pets, and how this book came to be. (++) FIC SEU)



### For Young Readers

- *Quickie Makes the Team*, *Quickie Handles a Loss*, and *Quickie Goes to the Big Game* by Donald Driver. Donald Driver, former Green Bay Packer football player, has written three books about a young boy name Quickie who desires to play football. Donald uses these stories to encourage kids to dream big, to work hard, and to never give up. (+ FIC DRI)
- *Drama* by Raina Telgemeier. Callie rides an emotional roller coaster while serving on the stage crew for a middle school production of "Moon over Mississippi" as various relationships start and end and others never quite get going. (+ FIC TEL)
- *Thrones & Bones Frostborn* by Lou Anders. Destined to take over his family farm in Norrینگard, Karn would rather play the board game Thrones and Bones until half human, half frost giantess Thianna appears. They set out on an adventure chased by a dragon, undead warriors, an evil uncle, and more. Inspired by Norse mythology. (+ FIC AND)
- *Appleblossom the Possum* by Holly Goldberg Sloan. A young possum strikes out on her own and winds up trapped in a human house before her brothers can rescue her. (+ FIC SLO)
- *Goodbye Stranger* by Rebecca Stead. This book is a captivating story about the bonds and limits of friendship. (YP FIC STE)

### For Adult Readers

### Non-Fiction

- *The Storm of the Century* by Al Roker. "Roker vividly examines the deadliest natural disaster in American history: the Galveston hurricane of 1900." BAM

(551.55 ROK)

- *In the Kingdom of Ice* by Hampton Sides. "On July 8, 1879, Captain George Washington De Long and his team of 32 men set sail on the USS Jeannette from San Francisco for deep, uncharted Arctic waters." BAM (910.4 SID)
- *A Walk in the Woods, Rediscovering America on the Appalachian Trail* by Bill Bryson. An adventure, a comedy, and a celebration, *A Walk in the Woods* is a modern classic of travel literature. (917 BRY)

### Biography

- *A Full Life* by Jimmy Carter. "Jimmy Carter, 39<sup>th</sup> President, Nobel Peace Prize winner and international humanitarian, reflects on his full and happy life with pride, humor and a few second thoughts." BAM (B CAR)

### Fiction

- *Everything I Never Told You* by Celeste Ng. "This debut novel follows a Chinese-American family living in small-town Ohio during the 1970s and the grief that both finds them and threatens to tear them apart." BAM (FIC NG)
- *Circling the Sun* by Paula McLain. "McLain, author of the phenomenal bestseller *The Paris Wife*, returns with a keenly anticipated new novel set in colonial Kenya in the 1920s." BAM (FIC MCC)
- *In the Unlikely Event* by Judy Blume. "The best-selling author returns with a highly anticipated adult novel that follows three generations of people changed by unexpected events." BAM (FIC BLU)
- *The Jesus Cow* by Michael Perry. The New York Times best selling author and local humorist Michael Perry makes his fiction debut with this hilarious and bighearted tale—a comic yet sincere exploration of faith in the face of the modern world. (FIC PER)



## Page Turners Book Club

The Page Turners Book Club meets on Tuesday, October 20, at 6:30 P.M. to discuss *Behind the Beautiful Forevers* by Katherine Boo.

Following the lives of some of Mumbai's most deprived citizens, this book tells the dramatic story of the dirt-poor residents of a squatter slum on the periphery of its international airport. Annawadi, a makeshift settlement in the shadow of luxury hotels, is "a bitty slum popped up in the biggest city of a country that holds one third of the planet's poor." Built on swampy land abutting a sewage lake, it is home to a motley collection of marginal Indians desperate to make a living out of the detritus of the city's economic boom.

If you haven't attended in the past, or if you haven't attended for awhile, please join us. We have no special expectations to participate in this group. You should feel free to come whether you've finished the book or not. Please RSVP online at [trinity-ec.org](http://trinity-ec.org) or sign-up at Clipboard Central. For more information, email Cindy Beck at [cindy@trinity-ec.org](mailto:cindy@trinity-ec.org)



## Trinity on Facebook

Trinity's facebook page is an active source of information and inspiration for your faith development. Be sure to "Like" Trinity soon and begin enjoying the benefits of inspiration and news.

## Online Prayer Requests

You're invited to share prayer requests at [trinity-ec.org](http://trinity-ec.org) by using the Prayer Request button. These requests go to our Prayer Link Team, and then they pray!

If you appreciate the benefits of prayer and are willing to pray for those who share requests, Join our Prayer Link Team under the Grow menu at [trinity-ec.org](http://trinity-ec.org) You will receive a monthly update of prayers and some inspiration for your praying. *Be joyful in hope, patient in affliction, faithful in prayer.* ~ Romans 12:12

## Received in August

# Memorials & Gifts

### Memorial Fund

- In memory of Lucille Brown: The Lucille Brown Family
- In memory of James Rud: Morris & Audrey Brumberg
- In memory of Allan Hanson: Dolores Brandvold
- In memory of Lawrence Ziehme: Dolores Brandvold

### Food Pantry Fund

- In memory of Sharen Hoepner: Dave & Jeanette Suchla, Gary & Gloria Crossman
- In memory of Laurence Cook: Hazel Cook
- In memory of Vince Drendel: Mike & Sharon DeRusha
- In memory of Lowell Joseph: Shirley Freeberg

### Library Fund

- In memory of Sharen Hoepner: Larry & Mary Hoepner, Jerry & Joanne Dow, Ken & Roberta Vance

### Endowment Trust Fund

- In memory of Allan Hanson: Steven & Heidi Mahler, Robert & Beatrice Frazee, Richard & Brenda Watt, Carl & Nancy Rasmussen
- In memory of Lowell Joseph: James & Marjorie Oleson

### Women's Giving Circle

- In memory of Allan Hanson: Lee & Kathleen Anderson
- In memory of Lucille Brown: Rose Sippel

### Endowment Trust Kurt Jacobson Fund

- In honor of Jon & Maureen Homstad's 50<sup>th</sup> Wedding Anniversary: Kurt Jacobson

### Friendship Group Fund

- In memory of Lowell Joseph: Rose Sippel

### St. John's Bible Fund

- In memory of Lowell Joseph: Dick Cable

### Children's Bible Fund

- In memory of Sharen Hoepner: Donald & Marjorie Timm, Doug & Joan Smith, Family & Friends

### Children's Ministries Fund

- In memory of Sharen Hoepner: Family & Friends



# Health Ministries

## Dementia Friendly Training

This training is for staff, ushers, greeters, and all members of Trinity to help us become a "Certified Dementia Friendly Congregation," enabling all of us to better serve, welcome, and interact with those of our congregation who suffer from dementia and their caregivers. Training October 22, from 6:30 P.M.–7:30 P.M. in the Trinity Chapel. The presenter will be Lisa Wells, Dementia Care Specialist ADRC for Eau Claire County.

## Red Cross Blood Drive

There is no easier way to give the "Gift of Life" than to donate blood. You can do just that on Monday, November 16, from 12:30 P.M.–6:30 P.M. in the Trinity Room. Our goal is 48 donors! This is a higher number than we have had in the past. We rely on the members of Trinity for the majority of the donors. If you have never given before, please consider it. Parish Nurse, Vicki Dueringer donated for the first time in June. She has poor veins, but the Red Cross person connected on the first try and sat with her during the whole process. Please sign up to give.

## QPR Gatekeeper Training for Suicide Prevention

On September 22 Pastor Brahm and Vicki Dueringer, Parish Nurse, attended this program at Sacred Heart Hospital. QPR stands for the three steps anyone can take to help prevent suicide, "Question, Persuade, and Refer." QPR is an emergency response to someone in crisis and can save lives. The goal is to offer this training at Trinity in the near future.

## Breast Cancer Awareness Month

The following is information from the American Cancer Society. Please visit their web site for much more information.

### Risk Factors

- Being a woman: Before you say "duh," men can get breast cancer also, but it is 100 times more frequent in women.
- Age: Your risk of developing breast cancer increases as you get older. About one out of eight invasive breast cancers are found in women younger than 45, while about two of three invasive breast cancers are found in women age 55 or older.
- Genetic Risk Factors: Only about 5% to 10% of breast cancer cases are thought to be hereditary, meaning that they result directly from gene defects (called mutations) inherited from a parent.
- Family history of breast cancer: Breast cancer risk is higher among women whose close blood relatives have this disease.
- Having one first-degree relative (mother, sister, or daughter) with breast cancer approximately doubles a woman's risk. Having two first-degree relatives increases her risk about threefold.
- Personal history of breast cancer: A woman with cancer in one breast has an increased risk of developing a new cancer in the other breast or in another part



of the same breast. (This is different from a recurrence of the first cancer.) This risk is even higher if breast cancer was diagnosed at a younger age.

- Race and ethnicity: Overall, white women are slightly more likely to develop breast cancer than are African-American women. African-American women are more likely to die of this cancer. In women under 45 years of age, breast cancer is more common in African American women. Asian, Hispanic, and Native American women have a lower risk of developing and dying from breast cancer.
- Dense breast tissue: Breasts are made up of fatty tissue, fibrous tissue, and glandular tissue. Having dense breast tissue (as seen on a mammogram) is when you have more glandular and fibrous tissue and less fatty tissue. Women with dense breasts on mammogram have a risk of breast cancer that is 1.2 to 2 times that of women with average breast density. Dense breast tissue can also make mammograms less accurate.

### Prevention

- Get your mammogram! Mayo Clinic recommends yearly mammogram starting at age 40–75. After age 75, it is up to the individual
- Limit alcohol consumption: The use of alcohol is clearly linked to an increased risk of developing breast cancer. The risk increases with the amount of alcohol consumed.
- Maintain a healthy weight: Being overweight or obese after menopause increases breast cancer risk due to increased estrogen production coming from fat tissue.
- Physical activity: Evidence is growing that exercise (1.25–2.5 hrs/week or 15 minutes/day) of brisk walking daily can reduce risk by 18%
- Don't smoke. Stop if you do.
- Study results conflict on specific foods and prevention, but eating healthy reduces calories which reduces weight.



# Youth Ministries

## Club 78 Teen Study

Seventh and Eighth grade confirmation students are asked to attend ten Teen Study classes as part of their Discipleship Plan. Teen Study is scheduled on Sunday mornings during the 2nd Sunday School session 10:30 A.M.–11:05 A.M. Teen Study will focus on the week's current chapter in "The Story." Grade 8 will meet in Room 208, and Grade 7 will meet Room 306.

## "The Story" Teenage High School Bible Study

This fall, as we begin "The Story" together as a congregation, we invite grades 9–12 for a time of fellowship and conversation centered on the week's chapter. Starting October 7, we will be gathering on Wednesday evenings from 7:15 P.M.–8:00 A.M. (after Wednesday Worship) in the Fireside Room. Focusing on that week's part of "The Story" and how our stories interact with them, we hope for this to be a time of questions and faith as we continue to learn how God is at work and active in the lives of people of faith.

## Adopt-A-Highway

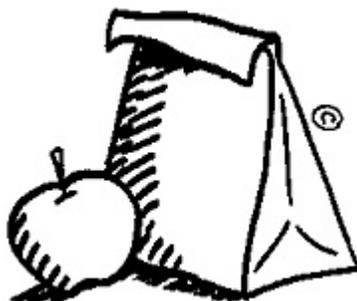
All youth are invited to participate to the fall Adopt-A-Highway service event on Saturday, October 3, at 9:00 A.M. Trinity has a designated two-mile stretch of Highway 37, by Little Red School, to keep clean. Adults are also needed to help with this event. We meet at Little Red School. A sign-up sheet is at the Tool Bench.

## Lutheran World Relief Load a Truck

Trucks will be ready to be loaded on Saturday, October 10 from 8:00 A.M.–11:00 A.M. right here in Trinity's main parking lot. Various churches from around the region, including Trinity, will bring their donations to be transported to Minnesota, then shipped around the world. Lutheran World Relief works to improve the lives of millions of smallholder farmers and people experiencing poverty in Africa, Latin America, Asia, and the Middle East both in times of emergencies and for the long term. A sign-up sheet is available at the Tool Bench.

## Friends of Flynn Weekend Meals

On Wednesday, October 14, from 4:00 P.M.–5:30 P.M. Trinity youth and adult volunteers will assemble weekend meals for Flynn Elementary School students as well as additional elementary schools in the Eau Claire district. We will meet at Feed My People Food Bank, 2610 Alpine Road, on Eau Claire's west side.



## Luther Park Recharge Club 78 and Club 9 Retreat

Luther Park Recharge is scheduled for the weekend of October 16–17. This retreat is 24 hours of camp to recharge faith through faith discussion, music, friends, and activities. This year's theme is "*Breaking News: The Miracles of Jesus.*" Registration cost includes programming from 7:00 P.M. Friday until 7:00 P.M. Saturday, meals, lodging, and a Recharge t-shirt. Register online at [www.lutherpark.org](http://www.lutherpark.org) or call 715.859.2215. Scholarships are available to offset the cost of registration. Contact Cassie or Lisa with any questions.

## Students' Fundraising Accounts

All students in grades 7–12 at Trinity have the opportunity to fund-raise for their own Trip Account. For every fundraising activity they participate in through Trinity, they will be given a portion of the proceeds from that fundraiser according to the time they spent at the fundraiser. The students are then able to use this money towards any Trinity sponsored event to help ease the financial cost. If a student does not use the money by the time they graduate high school, then this money may either be given to a younger sibling's account or it will be given to the Scholarship Fund for all students. Families may check their account balance by contacting Cassie or Lisa in the Youth Office at 715.832.6601 ext. 209.



# Financial News

## IRA Strategies and Smart Tax Planning

Nearly all IRAs are funded with pre-tax dollars. Many IRAs result from the rollover of other qualified plans at retirement. Payouts from these qualified plans would be ordinary income, and the participant rolls the plan over into an IRA to defer recognition of the income. Thus, the payment to IRA beneficiaries will generally produce ordinary income that is subject to taxation.

With the growth in IRAs and pension plans, the percentage of estate value that is an IRA is also growing. Especially for professionals, business owners, and nonprofit employees, 30% to 80% of an estate could consist of IRAs or other retirement plans. If donors with large IRAs desire to transfer an inheritance to children and leave a bequest to charity, the preferred method is to transfer part or all of an IRA to charity and leave non-IRA assets to the children. From: ELCA Foundation.

The Trinity Endowment Trust exists to receive your charitable legacy and invests them for perpetuity to provide resources for missions of the Church and its people. The gift of IRAs and other appreciated assets may provide the donor additional benefits. The Endowment Trust partners with the ELCA to assist donors in achieving their faith legacy planning. Read about options available to you in establishing your legacy on the Endowment page of [trinity-ec.org](http://trinity-ec.org)

## Your Offerings Bless Missions

Our church is blessed by every offering that is shared to support its mission and ministries. Thank you for your offerings. If you're not already using the convenient service of electronic fund transfer, please consider doing so. You may set this up at [trinity-ec.org](http://trinity-ec.org) or receive assistance by contacting the Trinity office. If you're already using electronic fund transfer for your offerings and no longer need offering envelopes mailed to you, please email [amber@trinity-ec.org](mailto:amber@trinity-ec.org).

January thru August	2014	2015
Regular Offerings	\$668,994	\$709,957
Expenses	\$692,550	\$731,766
Variance	-\$23,556	\$21,809

## Mortgage Payment

Thank you for your offerings to Mortgage Payment. Every dollar you share goes directly to reduce the debt from our 2004 building expansion. If you're not already helping to make the mortgage payment, please join the effort this month.

The ELCA Mission Investment Fund holds the note: 4.125% with a monthly payment of \$8,413. As of September our loan balance was \$524,531.

Use your weekly envelope to contribute to Mortgage Payment or do so online at [trinity-ec.org](http://trinity-ec.org). Thank you for your offerings to Mortgage Payment.

## Facing Funeral Costs

Did you know the average cost of a funeral is between \$7,000 and \$10,000? If not, you're not alone. A recent National Foundation for Credit Counseling online poll revealed that 83% of people either were not prepared for the financial responsibilities associated with a funeral or had no idea how much a funeral costs. (From Thrivent magazine).

Smart Tip: Don't let costs be a last minute decision by your family. Pick up or download the Trinity Funeral Planning Guide and follow the steps to make wise choices. Find it on our web page [trinity-ec.org](http://trinity-ec.org) under Worship/Baptisms, Weddings and Funerals.





# Children's Ministries

## Noah's Ark News

It's October, and Noah's Ark is in full swing! The children have adjusted so well, and the teachers are enjoying each day with them. We continue to talk to new families, and even grandparents, about placing their children in our preschool program. We still have a few T/Th P.M. and M/W/F P.M. openings. Tell your friends.

This month we'll celebrate our 21st annual Spaghetti Supper Harvest Bash on Tuesday, October 20, from 4:00 P.M.–7:00 P.M. Adult pre-sale tickets are \$7.00, and at the door are \$8.00. Children's tickets age 12 and under are \$4.00. Come enjoy a great meal with yummy spaghetti and meatballs, Texas Roadhouse rolls, Coffee Grounds Noah's Ark blend coffee, special children's activities, and the Balloon Guy. We will also have our annual Silent Auction with baskets filled by Noah's Ark families whose themes are: "Just Chocolate," "Reader's Corner," "Pamper Me," and "Just Local." There will also be a Preschool Committee "Gift Card" basket to bid on. Join us, and support the Noah's Ark Preschool. A tithe will be given to a benefit account for "Maddie Presler," an alumni Noah's Ark student. Sponsors to date are: Stokes-Herzog Advertising, Mike & Gina Toutant, "Here We Grow Again" (Donna Kmetz & Mary Jo Hanson), The Coffee Grounds, Texas Roadhouse, and one anonymous donor. If you'd like to sponsor our event, contact Jeanne Cooper at [noahsark@trinity-ec.org](mailto:noahsark@trinity-ec.org)



In October, we'll go on our first field trip of the year to Tiny Tots Playhouse in Fall Creek. We'll enjoy the beautiful fall scenery on our way to and from. This is a new experience for us, so we'll let you know about all the math, science, art, and movement activities they provide.

Please keep Mrs. Lien in your prayers as she undergoes foot surgery early in the month of October. During her absence, Kristy Casto, Jill Kasmarek, and Marlee Knickerbocker will be her subs.

I continue to LOVE this experience we call early childhood education at Noah's Ark. My life is enriched each day with beautiful children who are peacemakers in God's world while they work and play. God surely is at work in each one of them.

Hugs  
Jeanne Cooper

PS...Noah's Ark is also "on board" the reading of the Bible. We have been on the same path as the congregation, using our Spark Bibles and Early Learning Bibles. We give thanks to the Trinity congregation for providing Bibles to all three year olds and third graders. What an amazing gift to these children.

## Wednesday T.G.I.F and Sunday School

Wednesday T.G.I.F and Sunday School are off to a great start! Registration remains open for Wednesday T.G.I.F (Grades 3–6), choirs (Pre-Kindergarten–Grade 6), and Sunday School classes (two year old–grade six). For more information, contact Sara Reed at 715.832.6601, [sarar@trinity-ec.org](mailto:sarar@trinity-ec.org) or visit our website at [www.trinity-ec.org](http://www.trinity-ec.org). We encourage children to bring their Spark Bibles to each Sunday School class and Wednesday T.G.I.F classes.

## "My Church" for 2 Year Olds

Registration is open for "My Church." This class is designed for two year olds (two by 9.1.15.) Children will create personalized books by using pictures, art, and much more. Throughout their time together, the kids will be photographed in various settings of the church. These pictures will be put into a binder that the children can use at home and during worship. Beginning in January the children will use the Spark Curriculum. "My Church" will begin on Sunday, October 11.

## Do You Love to Tie Dye?

Join us Saturday, October 3, at 10:00 A.M. in rooms 204-205. This event is open for anyone who loves to tie dye or wants to learn. No reservations are needed. We will provide the tie dye, rubber bands, and soaking agent. We do ask that you bring your own material to tie dye i.e. white t-shirts, socks, onsies, shirts, pillow cases, etc. We invite people of all ages to participate in this fun family filled event. There is no cost.





## First Communion Instruction

We invite children and parents who are in second grade and above who have not participated in Communion to meet for instruction on Saturday, November 7, from 9:00 A.M.–11:00 A.M. Their first Communion celebration will be during the Thanksgiving Eve worship service at 6:30 P.M. on Wednesday, November 25, at 6:30 P.M.

## Winter/Spring 2015–2016 Early Childhood Enrichment Programs



Registration begins on Wednesday, November 4, at 8:00 A.M. and will continue until classes are full. Call Sara Reed at 715.832.6601 to enroll or for more information. Registration will occur on a first come, first serve basis. Please share this information with your friends.

For more information about our Winter/Spring Enrichment Programs, please see our website [www.trinity-ec.org](http://www.trinity-ec.org), our facebook page or contact Sara Reed 715.832.6601 ext.218 or [sarar@trinity-ec.org](mailto:sarar@trinity-ec.org)

## Music & Movement

Children move and grove as they explore music with songs, dance, and instruments. The class includes free play, story time, and guided music instruction with new themes explored each week. Music & Movement begins Monday, January 4, and runs for 18 weeks.

- Session One 9:05 A.M.–9:50 A.M. This is a parent/child class.
- Session Two 10:00 A.M.–11:30 A.M. Children experience this class independently.

## Creative Arts

Spend Mondays engaged in a variety of creative activities! Children will dance, sing, and experiment with art processes. Children will also hear stories and Bible stories and enhance language learning through finger plays. Creative Arts begins Monday, January 4, from 12:30 P.M.–2:30 P.M. and runs for 18 weeks.

## Readers, Authors, & Artists

Immerse your child in literature and early oral and written language experiences. Weekly themes will explore books, authors, and illustrators through discovery, music, play, and art. All activities will encourage students to become authors and illustrators of their own books with a focus on nurturing a child's natural readiness for reading, writing, and creating. Readers, Authors, and Artists begins on Tuesday,



January 5, from 9:00 A.M.–11:15 A.M. and runs for 20 weeks.

## Great Pretenders

Let your child's imagination run free. This class uses drama, art, and creative games to enhance and expand great children's literature and Bible stories. Children will create story props, costumes, and puppets and then use them to retell stories. Children will explore new vocabulary, story structures, and build literacy skills. The Great Pretenders begins Tuesday, January 5, from 12:45 P.M.–3:00 P.M. and runs for 20 weeks.

## Come and Play

A great precursor to preschool! Children are provided a warm and safe Christian environment to play with other children and to practice spending some time away from parents or caregivers. They will hear Bible stories and other books, participate in art and music activities, and take time out to share a snack together. Come & Play begins on Wednesday, January, 6 from 9:15 A.M.–11:15 A.M. OR 12:15 P.M.–2:15 P.M. and runs for 20 weeks.

## Thrilling Thursdays

Spend Thursdays engaged in a wide variety of preschool activities in a Christian environment. Emphasis will be on science and cooking, but will also include language, music, math, and art activities. A hands-on discovery approach will be encouraged with observation, predicting, investigating, and other creative thinking. Thrilling Thursdays begins on Thursday, January 7, from 9:00 A.M.–11:15 A.M. OR 12:45 P.M.–3:00 P.M. for 19 weeks.

## Friday Friends

A great precursor to preschool! Children are provided a warm and safe Christian environment to play with other children. They will hear Bible stories and other books plus participate in art and music activities. Friday Friends begins on Friday, January 8, from 9:00 A.M.–11:15 A.M. and runs for 19 weeks.

# "Serving in Christ's Love and Sharing the Good News"

A Reconciling in Christ Congregation of the Evangelical Lutheran Church in America  
Trinity Lutheran Church, 1314 East Lexington Blvd, Eau Claire WI 54701  
Phone: (715) 832.6601 • Fax: (715) 832.6700 • Web Page: trinity-ec.org

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Derek Prestin

## Pastors

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715.828.5092

Jim Page jim@trinity-ec.org  
715.834.7092

Sarah Semmler Smith sarah@trinity-ec.org  
715.827.1230

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## Noah's Ark Pre-School

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Jill Kasmarek jkasmarek@att.net  
Marlee Knickerbocker jknick6054@aol.com

## Children's Ministry Leadership Team

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Children's Ministry Director

Alicia Strozinsky alicia@trinity-ec.org  
Children's Ministry Assistant

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Sarah Wright  
Alexandra Boerger

## Youth Ministry Leadership Team

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Youth Ministry Assistant

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Pat Garber garberpa@uwec.edu  
Visitation Ministry Director

## Worship & Music Ministry

Shirley Sands shirley@trinity-ec.org  
Worship & Music Director

Gary Rambo—Trinity Choir  
Ryan Poquette—Trinity Tollers  
Kris & Brian Pressler—Worship Music Leaders  
Drew Brandenburg—CrossWord Youth Band  
Jeanne Cooper—God's Little Singers  
Corrine Gransee Paral—Children's Choir, Club78 Choir  
Liz Drayton—Totally Joyous Christians

## Building & Grounds Team

Don Peterson  
Sheri Buening

## Ministry Support

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Heather Day heatherd@trinity-ec.org  
Web Coordinator/Ministry Assistant

Cindy Beck cindy@trinity-ec.org  
IT/Ministry Assistant

Sharry Hebert sharry@trinity-ec.org  
Food Pantry Coordinator

## World Missions

Maranatha Church in Kingston, Jamaica  
Blantyre Lutheran Parish in Malawi, Africa  
Jacqueline & Patrick Bencke, Japan

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- Please submit all articles for the Tidings electronically in MS Word, Corel WP format, or in the body of an email. Submit to: cindy@trinity-ec.org
  - All submissions must be your own work. Any copyrighted material (code, images, or otherwise) must include written permission from the original source.
  - Deadline for the November Newsletter is October 20.