



## Easter Schedule

We invite you to celebrate Easter with us! Please note adjusted times. For all the news about Holy Week and Easter at Trinity, visit [trinity-ec.org](http://trinity-ec.org)

- 6:30 A.M. The youth of Trinity invite you to worship in the Chapel. They will lead the entire service which includes Holy Communion.
- 8:00 A.M. Traditional Worship with the Trinity Choir, Tollers, and Brass Ensemble.
- 9:30 A.M. Contemporary Worship with the Brass Ensemble and Harmony in Spirit.
- 10:45 A.M. Worship and all three children's choirs.



## Easter Breakfast

Come join us on Easter Sunday for brunch for the whole family! Trinity Youth and families will serve from 7:00–9:30 A.M. for a free will donation. We look forward to serving you and sharing in the joy of Easter!

## Worship Before Easter, Too!

- Sunday, March 24 • Please come to worship on Palm Sunday. According to the Bible, Jesus rode a donkey into Jerusalem about a week before his resurrection. The people lay down their cloaks and small branches of trees in front of him while singing Psalm 118:25–26, "Blessed is He who comes in the name of the Lord. We bless you from the house of the Lord."
- The Last Supper • Come to worship on Thursday, March 28, at 6:30 P.M. as we remember the Last Supper Jesus shared with His disciples in Jerusalem before his crucifixion. The Last Supper provides the scriptural basis for the Eucharist, also known as "communion" or "the Lord's Supper."
- Good Friday • On March 29, at 12:15 P.M. or 6:30 P.M., join in worship to commemorate the crucifixion of Jesus Christ and his death at Calvary. Based on the details of the gospels, the Crucifixion of Jesus was most likely to have been on a Friday (John 19:42).

## Games People Play Wednesdays in Lent

Grow your faith and take advantage of a second worship opportunity each week in Lent. On Wednesdays at 12:15 and 6:30 P.M., we will consider the "Games People Play." The games each week launch us into considering how we operate in our lives in ways that complicate relationships with each other and God. The goal in looking at these games is to offer insight into growing faith and following Jesus.



- March 6, Family Feud: Handling Conflict God's Way
- March 13, Sorry: The Matter of Forgiveness is Bigger Than a Board Game
- March 20, Scrabble: Connecting with Christ's Body

## Lenten Soup Lunches

Each Wednesday after the 12:15 P.M. Lenten service, the Trinity Room will be the place for marvelous soup and enjoyable fellowship. Each week we will serve soup favorites from years past. We will have your favorite cheese breads from Great Harvest and something sweet to end the meal. A free will offering helps offset expenses for Trinity's Food Pantry.



# Can Money Buy Happiness?



Dear Friends:

There's no question about it. Money is a necessary ingredient for happiness. We need it to meet our basic needs on a daily basis. Yet, research shows that the actual amount of money you have is not nearly as important to your overall happiness and wellbeing as financial security which has more to do with how you actually manage and spend the money you have.

In the book "Wellbeing, The Five Essential Elements," the elements of wellbeing are defined: Career, Social, Financial, Physical, and Community wellbeing. All five combine and inform each other to create a person's overall happiness and wellbeing.

Not surprisingly, the authors found that people with high levels of financial wellbeing are satisfied with their standard of living, don't worry about money in their everyday lives, and have confidence in their financial future.

However, how and why people gain thriving financial wellbeing may surprise you. Harvard researchers found that spending money on others seems to be as important to people's happiness as the amount of money they make. Also, spending money on oneself does not increase happiness. Giving money away increases happiness as it also increases a person's community wellbeing.

The authors also found that buying material items (i.e. retail therapy) does not create higher levels of happiness over the long-term. In fact, research shows that spending money on experiences with people as opposed to material purchases produces two to three times the level of wellbeing, boosting both financial and social wellbeing.

Though money cannot directly buy happiness, it does have an impact. People benefit from your sharing, and you have the power to contribute to the wellbeing of others, as well as your own, when you share.

Thanks for your charitable contributions to the mission of our church that strives every day to "serve in Christ's love and share the Good News."

Blessings to you,

Pastor Kurt Jacobson

# Pastor Search Progresses

This month the Call Committee will interview candidates provided by Bishop Pederson. The goal is to have a recommendation prepared by the end of the month that will go to the Trinity Council. Following their approval, a congregational meeting will be called to vote on the recommendation.

In February, the Trinity Council approved the addition of a  $\frac{1}{2}$  time pastoral position which provides opportunity for the Call Committee to potentially recommend a clergy couple sharing a 1.5 time position for call to Trinity. The pastoral team structure adopted by the Council directs that the female of the clergy couple would be the full-time pastor and the male a half-time pastor. The full-time pastor would begin working with children's ministry towards developing a staff leadership team for this key ministry which will see transition in the next year. She would also work in the area of outreach and new member assimilation. The male pastor would work with the youth ministry leadership team.

Should a clergy couple be called to Trinity, the pastoral team structure would see Pastor Jim dedicating more time to small group development and social outreach ministries. Pastor Kurt would dedicate more time to visioning and planning, stewardship, spiritual development, and global missions.

To see a copy of the proposed pastoral team structure, please contact Pastor Kurt Jacobson.

**"Giving money away increases happiness as it also increases a person's community wellbeing"**



## Augsburg Choir at Trinity

The 65-voice Augsburg College Choir will be in concert at Trinity on Saturday, March 16, at 6:30 P.M. They've performed from China to South Africa to Russia. There is no ticket needed for the concert, but an offering will be received. The choir will also sing in worship at Trinity on Sunday, March 17.

Hosts are needed to house the singers on Saturday evening. If you are able to provide hospitality on Saturday evening, March 16, for two or more college singers, please contact Shirley Sands at 715.832.6601 or [shirley@trinity-ec.org](mailto:shirley@trinity-ec.org)

## Chippewa Valley SING!

The Chippewa Valley Sing, an 80 voice choir, presents its annual concert to benefit Feed My People Food Bank on Sunday, March 3, at 2:00 P.M. and 7:00 P.M. The concert's second act will include the choir singing Irish songs, the Shillelagh Lads, and University of Wisconsin Eau Claire Irish dancers. For information or tickets, call Warren Hermodson at 715.832.5173 or email him at [wren.ec@charter.net](mailto:wren.ec@charter.net)

## Table For Five... THOUSAND

This inspiring musical, offered by all the children's choirs on Sunday, April 21, at both the 8:15 A.M. and 9:45 A.M. Services, is based on the account of Jesus feeding the five thousand, is full of unforgettable melodies and poignant lyrics. Found in all four New Testament gospels, this story reveals how one young person, with five loaves of bread and two fish, along with an apparent willingness to share, leads to an event so miraculous that members of the crowd wanted to proclaim Jesus as King. The musical remains true to the Biblical accounts, while underlining the theme that the most humble among us, especially children, can do great things with God's help.



## Empty Bowls Tickets Available

Empty Bowls, the annual fundraiser for Feed My People Food Bank, will be held on Thursday, March 7, at the Florian Gardens. Tickets are \$8/meal and \$18/meal and bowl, and they are available in the church office! Thank you for supporting Feed My People!

## Friends of Flynn Book Drive!

As part of our partnership with Flynn Elementary, we are hoping to give every Flynn student a new or gently used book to take home for spring break this year and then keep forever. We still need 100 books! Look for the sign and blue tub in the lobby for your books. Books will be collected thru March 18. Please consider donating a book for a child (newborn through fifth grade). In addition, we are also collecting pencils, soft toothbrushes, and combs and brushes for all types of hair. Thank you for your support of this partnership.

## Missionary Funds Bless Jamaican School

Your offerings to the Missionary Fund provide financial support in three directions: our ELCA missionaries in Japan, the Evangelical Lutheran Church in Malawi, Africa, and our mission with Maranatha Ministries in Jamaica. Thank you for giving to the Missionary Fund.

In February, the Trinity Council directed \$4,800 of 2012 funds dedicated to our Jamaican partners to assist Jabneh Christian Academy with paying off a loan with the seller of the property which the school purchased three years ago. The school still holds a 40 year note with the Jamaica national bank. However, this large payment to the seller provides the school with a major financial boost. Join the facebook page of Jabneh Christian Academy and learn more.

## Jamaica Mission Success

A month ago a team of seven men from Trinity accomplished building a 20'x40' classroom building for Jabneh Christian Academy near Savanna La Mar, Jamaica. This school enrolls 60 elementary and middle school students and is part of Maranatha Powerhouse Church.

The gratitude and joy that this mission inspired in the children was amazing. Your support of this mission with items for the school, as well as financial support to purchase materials, was amazing. Thank you! Over \$7,000 was contributed by members and friends to purchase the materials for this school, in addition to the fee the men paid. Check out the Serve/Global Mission page at [www.trinity-ec.org](http://www.trinity-ec.org)



## Luther Park Offers Deals

Luther Park Bible Camp near Chetek, WI is offering summer camp discounts galore! New in 2013: "First-Time Camper Discount!" This applies to anyone who has not been to a summer camp at Luther Park before.

And there's more! Register for any summer camp program by April 4 and receive an early bird deal. Check out [lutherpark.org](http://lutherpark.org) to choose your summer fun and register, too.



## Hope Phones Update

To date the Health Ministry Committee has collected and sent in 147 old cell phones, donated by you! [Hopephones.org](http://Hopephones.org) responsibly recycles or refurbishes all mobiles, from old and broken to the latest Smartphone, and creates communication networks for health workers serving millions in 15 countries. Please drop off your old phones in our recycle boxes located in the lobby near both of the east doors. To learn more, go to [www.hopephones.org](http://www.hopephones.org)

## Free One Hour CPR Training

Please join us on March 3 from 12:00 P.M. to 1:00 P.M. here at Trinity for Free CPR training. "Friends and Family CPR Anytime" is a personal learning program created by the American Heart Association that allows family, friends, and the general public to learn the "new" skills of CPR in one hour. This class is FREE and will be taught by Deborah Tackmann, an AHA Certified Instructor. Each participant will receive a free CPR kit (worth \$50) to take home and use with their entire family and friends. The class is limited to 30 participant, so sign up at Trinity Clip Board Central to reserve your spot!

## One Small Step to Wellness: Teach Kids to Eat Smart

There's nothing wrong with loving food, but when feelings about food lead to obesity or other disorders, how do we create nutritious change—especially for our kids? Many of us were told to "clean our plates." That's how many of us learned to eat. By cleaning our plate,s we may be contributing to the growing obesity problem in America. How do we help the next generation to eat smart? Try these quick tips to prevent the later-life battle of the bulge. Don't force your child to eat. Don't use food as comfort or reward. Limit empty calories. Don't eat the standard fast-food fare. Don't mix food and television. Do active things. Find exercise activities that the whole family can do together.

## Looking for Baptism Dates?

Baptism is the sacrament of the Lutheran Church in which we are adopted into the family of God and begin a promising new life in Christ. We celebrate Baptisms of child, youth, and adults throughout the year. If you desire to be baptized or wish to present a child for baptism, please consider the following upcoming Sundays: March 10, 24, April 14, 28, May 12, 26.

When you have a date in mind or would like more information, please call one of the pastors to begin the process to make arrangements for baptism.

## What's Thrivent Choice?

Thrivent Choice is a plan for Thrivent members to designate some of Thrivent's charitable outreach monies to Trinity or Noah's Ark Preschool. Qualifying members earn Choice dollars which must be designated by March 31. You may do this online at [thrive.com/ThriventChoice](http://thrive.com/ThriventChoice) or contact your Thrivent representative. Last year Choice dollars that came back to Trinity totaled \$7,783 and went on to bless our Quilting and Prayer Shawl ministries, Bibles for children, the seminary student fund, and Children's Summer Day Camps.



Many Trinity Lutheran Church young adults are pursuing their secondary education at colleges and technical colleges around the state and country. Care Packages were sent to 20 Trinity college students in February. Club 78 students assembled the Care Packages and sent them to the student's dorm or apartment. The Care Packages included a snack, a card, and Luther Park Counselor opportunities. Thank you parents for sharing your college student's address so that we may continue to share God's Love.



## Thank You for Sharing

The vitality of Trinity's mission is advanced by your generosity. Thank you for your offerings to Regular Ministries and Mortgage Payment in January. Your offerings each week are so important in providing care and hope for others and empowering the spread of Christ's love throughout this community and world.

Remember, you can set up automatic offerings from your financial institution by visiting [trinity-ec.org](http://trinity-ec.org) and completing the form on the GIVE page. If you desire assistance, please contact the Office Administrator at 715.832.6601 or [amber@trinity-ec.org](mailto:amber@trinity-ec.org)

January	2012	2013
<b>Regular Ministries</b>		
Offerings	\$86,945	80,335
Expenses	\$76,061	70,410
Variations	+10,884	9,925
<b>Mortgage Payment</b>		
Offerings	\$17,760	\$17,001
Expense	\$10,485	\$10,485

*Monthly payment to ELCA Mission Investment Fund is \$10,485. This spring the refinancing will lower this payment.*

## Mortgage Refinanced

Thank you for your offerings to Mortgage Payment. These offerings allow our church to pay down the debt from our 2004 building expansion, and last year over \$103,000 in extra principal payments were made.

This month we'll finish refinancing this loan with the ELCA Mission Investment Fund. The rate will decrease 1.0% to 4.125%. We hope to continue to make additional payments to shorten the term of this loan and be debt-free much sooner than expected.

Full terms of this refinance will be available when the loan closes this spring. To make a contribution to mortgage payment, visit [trinity-ec.org](http://trinity-ec.org)



## The Business of Trinity Annual Meeting

The annual meeting of Trinity was held on February 3. Here's a recap of the business transacted in our mission!

### Reports from the Ministry Directors and Pastors

- The staff each provided individual highlights of their work in 2012 and insights for 2013. All the Ministry Directors and Pastors highlighted Trinity's vitality and goodwill.

### Elections

- Endowment Trust Fund Board of Trustees:* Three people needed for three-year terms and the following were elected: Becky Glass, Dan Paulmier, Pam Craker.
- Personnel Committee:* One person needed for a three-year term. Tami Satre was elected.
- Jason Boon, treasurer reviewed 2012 financial reports which showed income of \$1,067,404 and expenses of \$1,018,439. The excess was distributed to bless efforts beyond Trinity such as Sojourner House, the Free Clinic, and a mission congregation in Cameron. Additionally, funds were directed to the Trinity Food Pantry, summer ministry with kids and youth, and the congregation's celebration of twenty-five years of ministry with Pastor Kurt coming up on April 7.

### Proposed Budget

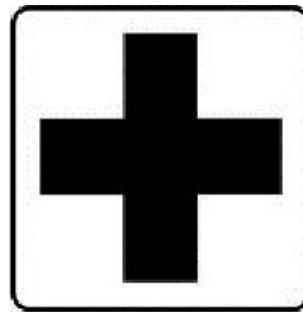
- The 2013 budget of \$1,055,387 was passed unanimously.



## When You Are Hospitalized Sacred Heart Changes Procedure

Good news! Sacred Heart Hospital is changing its procedures to only share names of Trinity members who are inpatient and not short-stay, day patients in for simple procedures and not staying overnight. Please be sure that when you check-in at Sacred Heart, that you list Trinity as your church.

Whenever you or someone in your family is scheduled for inpatient hospital care, notify the Admissions Clerk of your church affiliation. When you do this, you can be assured correct information will be shared with the pastoral staff. If ever you desire to not have your name printed in worship bulletins, contact the church office. Thank you.



## Women of the ELCA Chippewa Valley Conference Day of Renewal

The annual Day of Renewal will be held on Saturday, March 9, at First Lutheran Church, Eau Claire, WI. Please join them for a day devoted to praise, prayer, song, fellowship, and renewal. The keynote speaker is Mary Segerstrom. Mary considers herself a serious Christian with a not-so-serious outlook on life. She is going to speak to us on the light-hearted topic, "Definition of a Christian—Slippery When Wet!" The entertainment for the morning is the bluegrass gospel musical group, "The King's Countrymen"

The plan for the day is 8:30–9:00 A.M. registration and fellowship; 9:00 A.M.–1:00 P.M. gathering for praise, prayer, program, music, elections, and lunch. The \$10 registration fee includes lunch and is due by March 1.

Please join them for a special Day of Renewal. All are welcome! More information and registration forms are located on the Women's bulletin board in the hall across from the nursery. Please help yourself!

## 25<sup>th</sup> Anniversary

The 25<sup>th</sup> anniversary of the Women of the ELCA is being observed in 2013, as they celebrate 25 years of mobilizing women to act boldly on their faith in Jesus Christ. "Be bold, take risks on account of the Gospel, but believe more boldly still in Jesus," said Martin Luther.

You can help the mission today by making a gift to the 25<sup>th</sup> Anniversary Appeal. Every dollar will go to support Women of the ELCA (50%) and the ELCA Malaria Campaign (50%). As they celebrate 25 years of mobilizing women to act boldly on their faith in Jesus Christ, they commit to:

- Creating a just world.
- Supporting global sisters.
- Bringing health and wholeness.

Visit [womentheelca.org](http://womentheelca.org) to make an online gift, or send your check to Women of the ELCA, PO Box 71256, Chicago, IL 60694–1256 and write "25<sup>th</sup> Anniversary Appeal" on the memo line of your check. Thank you!

## Website for Women!

The Women of the ELCA website has been revised and updated! This is a wonderful site for many free resources, daily devotions called "Daily GRACE," a newsletter called "BOLD CAFE" that is aimed at our younger women, and helpful information about what is going on with Women of the ELCA. Check out the website at <http://www.womenoftheelca.org/> and also <http://www.boldcafe.org/>

## March Circle Listings

### DEBORAH

Thursday, March 21, 9:30 A.M.  
Trinity  
Hostess: Irene Friend  
Leader: Vicki Fields

### DORCAS

Wednesday, March 20, 1:00 P.M.,  
Trinity  
Hostess:  
Leader: Group

### MARTHA/MARY

Tuesday, March 19, 7:00 P.M.  
Trinity  
Hostess: Kathy Gjesfjeld  
Leader: Kathy Gjesfjeld

### MIRIAM

Wednesday, March 20, 9:30 A.M.  
Trinity  
Hostess: Marsha Arnette  
Leader: Group

### RUTH

Tuesday, March 19 1:30 P.M  
Hostess: Jeanette Suchla, 3809  
Harvard Lane.  
Leader: Lori Juneau

### SARAH

Wednesday, March 20, 9:30 A.M. at  
Trinity  
Hostess: Lois Olson  
Leader: Phyllis Burrows



# March to Our Church Library

## Celebrate Dr Seuss' Birthday!

March 2 is Dr. Seuss' Birthday, and we will celebrate in Trinity's Library with a special display of his books. Sunday school classes are invited to visit the library on Sunday, March 3. Library Committee members will be on hand to help check out books and to hand out prizes. Stop by and check it out—look for the hat!



## Easter Books

After we finish celebrating Dr. Seuss and put away the decorations, we will bring out the Easter books for easy viewing and check out!

## Look on the A Frame Display for these New Reads

### Adult Nonfiction

- *Soldier Dogs* by Maria Goodavage. The author opens up a whole new world for dog lovers in her intrepidly reported, richly illustrated, heartwarming account of the dogs who play an increasingly vital role in our military efforts.
- *Ten Years Later* by Hoda Kotb. This book profiles 6 people who have faced a series of life's game changers and challenges abuse, illness, addiction, grief, job loss. These stories are meant to inspire, wow, and motivate the reader.
- *I Am Nujood, Age 10 and Divorced* by Nujood Ali. Nujood Ali was the first child bride in Yemen to win a divorce and hailed by Hillary Clinton as "one of the greatest women I have ever seen." This a story of courageous defiance of both Yemeni customs and family desires.
- *Living and Dying Brick City* by Sampson Davis. This is the story of a riveting personal exploration of the healthcare crisis facing inner-city communities, written by an emergency room physician who grew up in the very neighborhood he is now serving.

## Newberry Medal Winners for Young People

- *Hatchet* by Gary Paulsen
- *Jacob Have I Loved* by Katherine Paterson
- *The High Power of Lucky* by Susan Patron

# Thank you!

*Dear Members of Trinity Lutheran Church,*

*Thank you for your generous investment of \$1000 in the Chippewa Valley Free Clinic's mission through your positive year endings! Trinity Church's contribution is a true reflection of a commitment to a healthier community and ensures that our work will continue in a safe, professional setting. The impact of your congregation's big-heartedness will be felt for a long time at our safety-net clinic.*

*From the community, for the community, neighbors helping neighbors, we can't do it without you! You help us give hope, renew spirits, and save lives. On behalf of everyone who enters our clinic, either to give care or receive it, thank you.*

*Maribeth Woodford  
Executive Director*

*From Trinity Youth:*

*Thank you, Trinity Congregation, for supporting the Souper Bowl of Caring. Trinity youth collected \$760.59 on Sunday, February 3. All donations will go to Trinity's Food Pantry.*

## Trinity Page Turners

Join the book club on Tuesday, March 19, at 6:30 P.M. in the library when they review *The Paris Wife* by Paula McLain. A deeply evocative story of ambition and betrayal, *The Paris Wife* captures a remarkable period of time and a love affair between two unforgettable people: Ernest Hemingway and his wife, Hadley.

Though deeply in love, the Hemingways are ill prepared for the hard-drinking and fast-living life of Jazz Age Paris, which hardly values traditional notions of family and monogamy. Surrounded by beautiful women and competing egos, Ernest struggles to find the voice that will earn him a place in history, pouring all the richness and intensity of his life with Hadley and their circle of friends into the novel that will become *The Sun Also Rises*.

BOOK  
CLUB

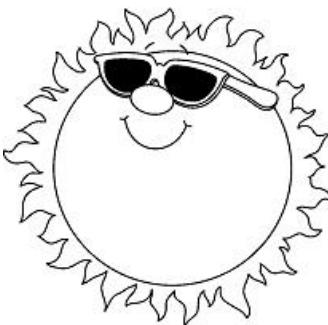


# Children's Ministries

## Summer Day Camps

For more specifics regarding the camps, check out the special insert in this mailing. No children at your home? Feel free to pass the information sheet on to your neighbors and friends. Registration is Sunday, April 7, beginning at 8:00 A.M. in Trinity's Lobby/Library area. Registration booklets will be available in mid March.

- Camp Discovery: June 12–14
- Trinity Sports Camp: June 17–19
- Camp Come & Play: June 17–20
- Camp Cooking & Booking: June 24–June 28
- Camp Veggie Tales: July 8–12
- Camp Tell The Good News: July 8–11



## 2013 Vacation Bible School “Amazing Love in God’s Word”

VBS is scheduled for July 22–26 from 8:45 A.M.–12 noon. This year, we will see how great and amazing God’s deeds are! Join us this summer to explore five Bible stories about our amazing God: Creation, The Battle of Jericho, Queen Esther, Four Friends, and Wedding at Cana. The cost is a suggested \$20 donation per child. VBS is for children who were three by 9.1.11 through those who have completed grade six. The Kick Off Event is Sunday, July 21, at the 9:45 A.M. worship service. Registration begins on Sunday, April 7, at 8:00 A.M. in Trinity's Lobby/Library area and remains open throughout the VBS week.

## High School Counselors Needed

Trinity's Summer Day Camp Ministry is looking for current high school students (completing grades 9–12) to work as paid counselors during sessions in June and July. Information and application forms are available beginning March 1 through Mary Schoenknecht, 715.832.6601 or at the Youth Tool Bench.

## Student Volunteers Needed

Trinity's Summer Day Camp Ministry is looking for middle school students (completing grades 6, 7 & 8) to work as volunteers during our sessions in June and July. Information and application forms are available beginning March 1 through Mary Schoenknecht, 715.832.6601 or at the Youth Tool Bench.

## Open Gym Tuesdays Continues!

Open Gym Tuesdays will continue in March (March 5, 12, 19) from 10:00–11:30 A.M. Our gym will be open for parents and their young children (toddlers–preschool) to come in and use our equipment in a large safe space. Marlee Knickerbocker will supervise the area and offer a story time and snack during the last half hour. There is a \$3 charge for each child at each session; \$5 for 2 children from the same family and \$7 for three. No registration is required. Members, friends of members, and non members are welcome to attend.

**For more information on Children's Ministries programming, check our website at [www.trinity-ec.org](http://www.trinity-ec.org) or contact Mary Schoenknecht at either 715.832.6601 or [marys@trinity-ec.org](mailto:marys@trinity-ec.org)**





# Noah's Ark News

March madness! Whew! It's been a busy time "on the ark." and March will be just as busy! We'll continue on our lenten journey, as we study Jesus' miracles up through Holy Week. It's so exciting to hear about Jesus' passion for all of God's people! The children really have great insight as we discuss the stories!

During the month, we'll go on a field trip to Anne Brau's Canine Agility Center, celebrate Easter and God's amazing love, and even bring on the green of St. Pat's! It's going to be a quick month, as we have the last week of March as Easter vacation!

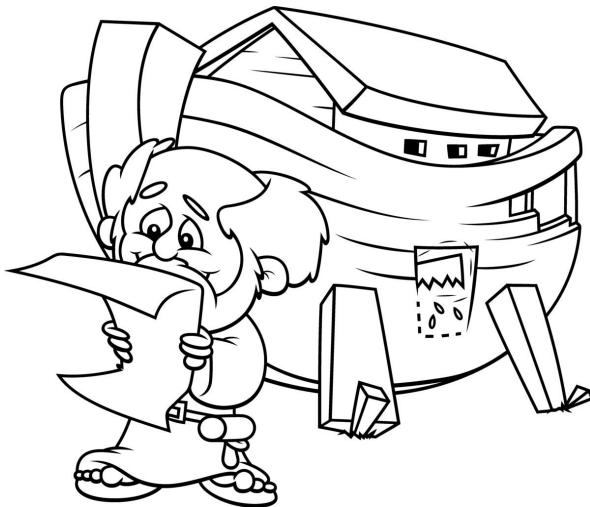
We especially want to thank the people of trinity for their wonderful attendance at our 18th Annual Shrove Tuesday Pancake Supper. Almost 400 people attended, 135 of them children. We welcomed the Blue Gold girls basketball team, and their senior Captain/Noah's Ark alumnus Casteel Miller, and caricature Artist/Noah's Ark alumnus Megan Beck. We also had our third annual art stroll complete with student profiles celebrating the creativity of the beautiful Noah's Ark children! Special thanks to our sponsors: Indianhead Food Distribution, the Coffee Grounds, Festival Foods, Gross Motors-neilsville, Boxx Sanitation, Park Ridge Distribution, and Moms on the Run. Several families of Trinity also generously gifted us monies, and we are so thankful! Noah's ark also thanks these wonderful youth: Toby Moszer, Kristin Jadeke, Molly Larson, Sadie Patko, Calvin Goodwin, and Nate Marquardt. You are appreciated!

Stay tuned for our upcoming spring Coffee Biscotti Fundraiser coming up in Early April. Look for the coffee cart to order!

Hugs to you all

Jeanne

Ps...2013–2014 Noah's Ark registration is on-going. Call if you have any questions!



## YOUTH MINISTRIES

### High School F.A.I.T.H. Group

High School Youth Group has been renamed F.A.I.T.H. (Forget About It Trust Him) Group. FAITH Group will continue to meet Sunday evenings from 7:00–8:00 P.M. in the Youth Room. Join Allison and fellow high school students for an evening of fun, fellowship, and faith enrichment. Join "Trinity Lutheran Youth Group" on Facebook or check the Tool Bench for the most current information, events, and photos.

### Easter Breakfast

Come on Saturday, March 30, from 9:00–10:30 A.M. to help decorate and prepare food or on Sunday, March 31, from 7:00–8:30 A.M. or 8:30–10:00 A.M. to help serve breakfast. This is a great fundraiser for all youth, and we need your help to serve our congregation! Sign up is available at the Tool Bench.

### Sugar Creek Bible Camp

It is not too late to sign up for an awesome houseboat adventure on the Mississippi River from July 14–19! Join Pastor Kurt and cruise up and down through the locks of the mighty Mississippi. This is a fantastic experience for high school youth (entering grades 9–12). The cost is \$410. Registration packets are available at the Youth Tool Bench and in the Youth Office. Please return registration form and \$50.00 deposit to the Youth Office. You can visit their camp website at [sugarcreekbiblecamp.org](http://sugarcreekbiblecamp.org) for more information about Sugar Creek. Contact Cassie or Lisa at 715.832.6601 or [cassie@trinity-ec.org](mailto:cassie@trinity-ec.org) for more information or with questions.



## Make a Difference While Having Fun!

GATHER together to learn from the Bible and one another; SERVE our community with our time and presence; PLAY together with activities and fellowship. Summer Stretch is a Faith centered approach to connect community service learning and youth. Summer Stretch gives incoming 6, 7, 8, and 9 grade youth a safe, healthy place to belong where they can contribute to the community along with socializing with their peers. Participants will meet five days during the summer including a day at Valley Fair. Brochures and registration materials are available at the Tool Bench. Registration deadline is May 1. Summer Stretch counts as a camp experience for confirmation students. Summer Stretch will meet Thursdays from 9:00 A.M.–3:30 P.M. on June 20, June 27, July 11, and July 18. We will participate in a field trip to Valley Fair on Thursday, August 1. The \$125.00 tuition covers all recreational activities, four lunches, Valley Fair admission, and a t-shirt. Contact Cassie at cassie@trinity-ec.org for more information.

## Youth Dates to Remember

### Sunday, March 3

- Club 78 Teen Study in the Trinity Room from 10:30–11:05 A.M.
- High School FAITH Group in the Youth Room from 7:00–8:00 P.M.

### Wednesday, March 6

- CrossWord practice in the Worship Center at 5:30 P.M.
- Club 78 in the Trinity Room from 7:15–8:30 P.M.

### Sunday, March 10

- Club 78 Teen Study in the Trinity Room from 10:30–11:05 A.M.
- High School FAITH Group in the Youth Room from 7:00–8:00 P.M.

### Wednesday, March 13

- CrossWord practice in the Worship Center at 5:30 P.M.
- Club 9 in the Trinity Room from 7:15–8:30 P.M.

### Sunday, March 17

- Club 78 Teen Study in the Trinity Room from 10:30–11:05 A.M.
- High School FAITH Group in the Youth Room from 7:00–8:00 P.M.

### Wednesday, March 20

- CrossWord practice in the Worship Center at 5:30 P.M.
- Club 78 in the Trinity Room from 7:15–8:30 P.M.

### Sunday, March 24

- Spring Break—No Club 78 Teen Study or HS FAITH Group

### Sunday, March 31

- Easter Sunday—No Club 78 Teen Study or HS FAITH Group



## Received January Memorials & Gifts

### Food Pantry Fund

- In honor of Joel Strayer's birthday: Heather Strayer
- In memory of Felix Jungerberg: Don & Janice Anderson, Ann Ayres, Sam & Patti Barby, Dan Bartig, Tom Bartig, Harold Bartig, Phyllis Bartig, Tiny & Ray Isham, Lois & Herb Sakalaucks, Anthony & Kristina Bourget, Jeff & Julie Bowe, John & Carla Brandrup, Randy & Joan Dehnke, Larry, Kathy & Bruce Dehnke, Lawrence & Inez Dehnke, Vila Nygaard, Lyle & Paula Pater, John & LeaAnn Richie, JoAnn Richie, Ken & Marie Rudolphson, Fritzie Scheidegger, Marvin & Suann Schmidt, Roger & Carolyn Sell, Marvin & Leatrice Solberg, Barb Tischer, Don & Sandie Tresemer, Anna Trullinger, Shirley Volbrecht, Jim & Anne Walker, Wally & Betty Walter, John & Sherry Wenum, Lois & Jane Whitted, Steve & Bonnie Wilhelm, Harold & Avis Drung, Jon & Isaac Erickson, John & Sue Farwell, Pam Fredrickson Family, Rollie & Kathy Freid, John & Mary Gerberich, Gene & Ann Grengs, Jim & Lynn Gullicksrud, Brenda Hanson, Dale & Jayne Harper, Dave & Mary Jentile, Gary & Linda Joles, Lowell & Janis Joseph, Doug Joseph, Louree Kelsey, Dorothy Jungerberg, Greg & Tamara Jungerberg, Elvira Jungerberg, Gary & Nancy Jungerberg, Bob & June Kaatz, Jim & Judy Kaatz, Tom & Geneva Klemmer, Jay & Nancy Lea Vasseur, John Lindrud, Dick & Sandy Lofthouse, Pat Ness, Myrt & Elmer Nimmerguth, Dolores Jungerberg

### Mission Jamaica Fund

- In honor of Pastor Kurt's birthday: John & Tami Satre

### Library Fund

- In memory of Felix Jungerberg: Jerry & Joanne Dow



### Endowment Trust Fund

- In memory of Laurence Cook: Hazel Cook
- In memory of Felix Jungerberg: Barbara Vorhes, Lawrence & Deyon Ziehme, Ron & Yvonne Nixdorf

### Memorial Fund

- In memory of Emma Radcliffe: Vernetta Prochnow
- In memory of William Gautsche: Jerry & Sharon Colburn
- In memory of Jane Snyder: Ralph & Norma Marking



**Seasoning Lent!** It's not too late to join us in the devotional, *Seasoning Lent*, which invites us to cook simple delicious meals as part of our spiritual practice for this Lenten season. Find the link on the Trinity web page [www.trinity-ec.org](http://www.trinity-ec.org)

## Health Ministries

**Our Fast-Food Addiction / [www.churchhealthcenter.org](http://www.churchhealthcenter.org) / By Dr. Scott Morris**

I ate at McDonald's for the first time in 1965 at age 10 when the number of hamburgers sold was still in the millions. I settled into a booth with my hamburger and French fries, but I stopped after two bites. They were terrible! The meat was tough, and the French fries too salty. It was a similar reaction many people have to their first cigarette. If I had only stopped then.

Like most Americans, if I am in a hurry, I am lured into the Golden Arches or another fast-food restaurant. It is convenient and satisfies my craving for fat and salt. I know that what I am eating is not healthy for me. The density of calories, the concentration of cholesterol, sodium, and starch are not what my body needs. But as Paul says, "The things I would not do, I do."

Living a healthy life is a multifaceted proposition. "You are what you eat" remains a truism, and in America, with two fast food restaurants on every corner, "what we are" is increasingly obese.

Is America's addiction to fast food to blame? It is hard not to see a correlation. Almost every child in America eats at McDonald's at least once a month. Our national fast-food addiction has reached epidemic proportions. Highly-processed, refined foods are not only bad for our physical bodies but for our spiritual health as well. Fast food is designed to be eaten alone and in a hurry—a formula for spiritual isolation.

For Jesus, the concept of fast food would be unacceptable. From the Gospels, we know that Jesus liked to have conversation with his meals. He used meals to create community. Early Christians gathered together to share their faith, eating a full meal together as a way of growing closer. They were more connected to harvest times and farming practices. Today, we refer to this as slow food, but for early Christians, this was a part of their life and their faith.

It is time for modern Christians to reconnect with our Christian heritage of shared meals. Come to our Lenten Lunches to witness the truth that shared meals nourish our spirits as well as our bodies. Shared meals may take more time, but they are spiritually enriching and healthier for our bodies. Lent is a particularly good time to remind ourselves that our bodies and spirits are intimately connected, and paying special attention to the food we consume is especially important in Lent. It's historically, spiritually, and practically rooted in our faith.

Peace, Marti Hofer, Parish Nurse

P.S. Three cheers for the Youth Team and Coffee Committee, who are choosing better portioned and healthier snacks during coffee time. Yea!!

## Jojo's Party Mix

### Ingredients

- 4 cups mixed Rice and Wheat Chex cereals
- 2 cups mini pretzels
- 2 tablespoons freshly grated Parmesan cheese
- 1/2 teaspoon garlic salt
- 1/4 teaspoon onion powder
- 1/4 teaspoon pepper
- 1/8 teaspoon cayenne pepper
- 1 tablespoon extra-virgin olive oil
- 1 teaspoon Worcestershire sauce

### Preparation

1. Preheat oven to 300°F.
2. Mix cereals, pretzels, Parmesan, garlic salt, onion powder, pepper and cayenne in a large bowl. Toss with oil and Worcestershire. Spread on a lightly oiled baking sheet.
3. Bake, stirring often, until toasted, 20 minutes.

Nutrition: Per 1/2-cup serving: 61 Calories; 2 g Fat; 0 g Sat; 1 g Mono; 1 mg Cholesterol; 11 g Carbohydrates; 1 g Protein; 1 g Fiber; 189 mg Sodium; 35 mg Potassium; 1 Carbohydrate Serving; Exchanges: 1/2 starch

# "Serving in Christ's Love and Sharing the Good News"

Trinity Lutheran Church, 1314 East Lexington Blvd, Eau Claire WI 54701

Evangelical Lutheran Church in America

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## Ministers

People of Trinity

## Congregational President

Brandon Thorsness

## Pastors

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715.832.9726

Jim Page  
715.834.7092

## Ministry Directors

Mary B. Schoenknecht  
Children's Ministries

Jeanne Cooper  
Noah's Ark Preschool

Shirley Sands  
Worship & Music

Marti Hofer R.N.  
Parish Nurse

Pat Garber  
Visitation Ministry

## Youth Ministry Leadership Team

Lisa Goetz  
Youth Ministry Assistant

Anne Josephson  
Club 78 Coordinator

Cassie Brenden  
Club 9 Coordinator

## Nursery Attendant

Elizabeth Meyer

## Building & Grounds

Don Peterson  
Melissa Buchli

## Ministry Support

Heather Day  
Ministry Assistant

Sharry Hebert  
Food Pantry Coordinator

Gail Brian  
Financial Ministry Assistant

Amber Moltzau  
Office Administrator

Cindy S. Beck  
IT/Ministry Assistant

## Noah's Ark Pre-School Teachers & Day Camp Leaders

Ginny Lien  
Jill Kasmarek  
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## Choir Directors

Gary Rambo—Trinity Choir  
Jeanne Cooper—God's Little Singers  
Shirley Sands—Totally Joyous Christians, Children's  
Choir, Harmony in Spirit  
Ryan Poquette—Trinity Tollers  
Kris Pressler—Worship Music Leader  
Brian Pressler—Worship Music Leader  
Drew Brandenburg—CrossWord Youth Band

## Missions

Maranatha Church in Kingston, Jamaica  
Blantyre Lutheran Parish in Malawi, Africa  
Jacqueline & Patrick Bencke, Japan

## Seminary Student

Jamie Brieske—Luther Seminary

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1. Please submit all articles for the Tidings electronically in MS Word, WordPerfect format, or in the body of an email. Submit to: [cindy@trinity-ec.org](mailto:cindy@trinity-ec.org)
  2. All submissions must be your own work. Any copyrighted material (code, images, or otherwise) must include written permission from the original source.
  3. Deadline for the April Newsletter is March 18.