

"Inspiration: Giving to Make a Difference"

Grounded in gratitude • Revealed in prayer • Lived in faith and service

The 2014 stewardship theme for our growth as good stewards of all God, shares with us takes on the theme of Inspiration. Inspiration from God who first loves and provides for our lives, gives us motivation to extend God's ways of mercy and love to others. Inspiration is at the heart of Trinity's vision for 2014.

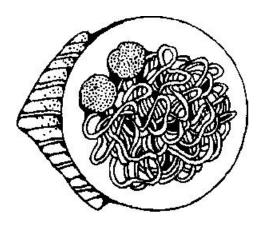
Starting the week of October 27, a four part series, "Inspiration: Giving to Make a Difference," will be the teaching time in all worship services.

We'll explore how inspiration starts with gratitude. Gratitude is discovered in prayer by asking: "God, based on all you have done for me, all that I have to be thankful for, what would you now have me do?" Then we'll consider how, through prayer, God helps us figure out what to do with all of our blessings and resources. Through prayer and living out faith and service to neighbor, God is honored and our sharing of resources is used to extend the kingdom of God and make a difference in the world!



Invite Others to Join Trinity

People who already call Trinity their church are the best ambassadors for others to become part of our church. Think about someone you could refer to "Discover Trinity" on Monday, October 28, at 6:00 P.M. The class will meet in the chapel. This friendly, informative, and welcoming event is for people interested in becoming a part of our church. Registration is available at trinity-ec.org For more information, contact Pastor Sarah Semmler Smith sarah@trinity-ec.org or Heather Day heatherd@trinity-ec.org



Spaghetti Supper

Noah's Ark Preschool will host their Annual Spaghetti Supper Fall Harvest Bash on Tuesday, October 22, from 4:00-7:00 P.M. Come feast on a great spaghetti supper, meet new and old friends, enjoy children's activities, and participate in our annual Silent Auction. Themes for the Silent Auction baskets this year are "Family Night," "Go Green," "Book It," and "Coffee, Tea, Pamper Me." The Silent Auction begins at 4:00 P.M. and ends promptly at 7:00 P.M. with basket winners announced. In advance, individual tickets are \$3.00-ages 2-12 years and \$6.00-age 13 and older. Advance tickets are available in the office during the week. At the door, adult ticket prices will increase to \$7.00. See you there!



Sunday Education Opportunities

The Adult Forums after Sunday worship offer opportunity to become aware of efforts to better our community and to grow in faith. Coming in October:

- Faith Partners for Literacy On October 6 and 13, learn about Faith Partners as it works to raise awareness and funding to support Chippewa Valley's Family Literacy Program, which ensures early childhood education is available for parents and their young children, infant-three. Parents continue their learning (ESL, GED, job skills) while their children are cared for in an on-site classroom.
- The **Animate Bible** series begins on October 6! A new education series will be held on Sundays in October after the 8:15 A.M. and 9:45 A.M. worship gatherings. Animate Bible is designed to address central topics about the Bible that allow for discussion relevant to today. This series will take common questions and present insightful answers in a short amount of time. The topics include: One Story, Two Parts (the difference between the Old and New Testament) and Mining for the Word (describing how the Bible was finally brought together). The format



- will include a 10 minute DVD presentation followed by 20 minutes of leader-led discussion on the topic. Parents, please note! This class is offered your child/children are in Sunday school, come and connect with other adults while nurturing your faith! This series will be co-led by Pastor Jim Page and Herschel Day. Grab a cup of coffee, and come join us as we discuss the scriptures and share a laugh or two!
- Coming in November Money Sanity Solutions (a series of Sundays)
 Linking Money + Meaning is designed to get people talking about money
 by leveraging everyday life experiences. The goal: help everyone develop
 healthy money habits that are liked to their values. Topics include:
 budgeting basics, spending with a conscience, learning to earn, savings
 revolution, gift giving/receiving, etc.

A Safe and Welcoming Church

A recent task force of the Trinity Council has recommended some ways our building can be safe and yet welcoming to people. Recently all major entrances were numbered and, in the future, only certain doors may be open for specific events. Watch the weekly calendar for directions on entries to use. Also, Trinity's Guidelines for the Safety and Protection of Children and Youth has been updated to guide adults who work with kids in our ministries to know clear boundaries and procedures in being with them. We also have developed a lockdown and emergency plan should there be threat of a disaster. If you'd like a copy of the guidelines or wish to see the entire report of the task force, please contact the Church Office.

When Your Address Changes

Whenever you're moving or changing to "temporarily away" with the United States Postal Service, any mail Trinity sends to you is returned at a cost per item. Please inform the church office when your address changes or when you're going away and having your mail held. Email address updates to heatherd@trinity-ec.org or include Trinity in the United States Postal Service address change cards you send to others. Thank you.

Recycle

Your old digital camera might sit in a closet now that it's been upstaged by a new one, but it could still have a vital future. Trinity would like to put your no-longer-needed cameras into the hands of our ministry directors, teachers, and volunteers! Cameras, with their cords and memory cards, can be dropped off in the church office. Please call Cindy Beck at 715.832.6601 for more information about making your donation!

Norwegian Emigration Exhibit

The Waldemar Ager House (514 W. Madison Street) presents "Between Coasts," an exhibit featuring interviews with 12 Norwegians who emigrated to the USA. This exhibit is open now until October 20, weekdays 1:00–4:00 P.M. and weekends 10:00 A.M.–2:00 P.M. Call 715.834.5204 for more information.

Bring Us Your Paper and Plastic Bags!

Our pantry uses a large amount of paper and plastic bags each week. Recycle your bags by bringing them to the pantry or dropping them off in our church office.



Mission Trip Opportunities

Men's Mission in Jamaica

Trinity men will be in mission at Jabneh Christian Academy, Grange Hill, Jamaica January 23–28, 2014. Registration is now open, and a few spaces remain. A \$600 deposit reserves your spot. The registration form and information sheet are available online at trinity-ec.org and in the church office. Hurry, the limit for this team is seven. For more information, contact Pastor Kurt Jacobson at kurt@trinity-ec.org

Spring Break Mission Trip

Plan to make your spring break in March 2014 a vacation with a purpose and be part of our mission in Jamaica. This trip is open to women, men, and children grades four and older during the week of March 17. We'll do projects at Jabneh Christian Academy in Grange Hill, Jamaica and enjoy Jamaican people, culture, and sun! Information about this spring break with a purpose is available at trinity-ec.org or from Pastor Kurt Jacobson kurt@trinity-ec.org Registration is now open and limited to 20. A \$600 deposit per person secures your spot now.

Mission Trip 2014 • Lorain, Ohio

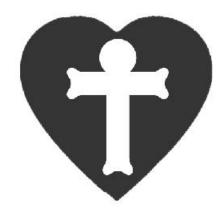
You are invited to join Pastor Jim on a mission trip to Lorain, Ohio from August 3–9, 2014. An information gathering for this trip will be on Sunday, October 13 after the 8:15 A.M. and 9:45 A.M. worship gatherings. This trip is designed to for participants with an array of abilities: building, cleaning, delivering meals, listening to people's stories, and sharing God's presence. If you've ever wanted to be on a mission trip, this is for you!

Why Lorain, Ohio? Here's a brief summary of this cities status as described through Next Step Ministries, the ministry organization we are partnering with for this trip:

"In 2008, our country faced its greatest financial crisis since the Great Depression. Savings were lost. Jobs disappeared. Poverty swelled. This crisis has made an especially debilitating impact in Lorain County, Ohio. Lorain County, a blue-collar working community located just outside of Cleveland, was built on the backs of steel workers and ship builders. However, as industry dried up and jobs vanished, poverty set in. In 2009, Lorain's poverty rate jumped by a third, claiming 33.7% of all county residents. Perhaps the most troubling statistic is that over half of Lorain's senior citizens currently live below the poverty line. Many struggle to meet their basic needs like food and shelter. People are going hungry. Houses are deteriorating. Something needs to be done."

Are you willing to share your gifts on this mission trip?

Here are a few details: The cost of the trip is \$399 (food/lodging/supplies). For lodging, participants bring an air mattress/sleeping bag, and we will sleep at Avon Lake Presbyterian Church, or you can stay in hotels and pay the additional cost. We will leave Sunday, August 3, by 5:00 P.M. (it's a ten hour drive) and depart on Saturday, August 9 by 9:00 A.M. This trip is classified as a "Family Mission Trip." Registration begins on Tuesday, October 1, and ends on October 29. Contact Pastor Jim to register or for more information at jim@trinity-ec.org



Becoming a "Reconciled in Christ" Church

The Trinity Council has appointed a Task Force on "Reconciled in Christ" which has been charged to explore our church becoming a "Reconciled in Christ" congregation. This means we would offer an "Affirmation of Welcome" to people of all walks of life, especially those who are LGBT (lesbian, gay, bisexual, or transgender).

The Task Force and Council believe that Trinity is a welcoming congregation. But the goal of such a welcome is not for us who already worship in this faith community. This Affirmation of Welcome is especially important for those who aren't already present with us to worship God and may not be certain whether they are welcome.

The Task Force has an introduction letter and proposed Affirmation of Welcome for you to review. It's available at trinity-ec.org or in print at the Information Center in the Lobby.

Facing Funeral Costs

Did you know the average cost of a funeral is between \$7,000 and \$10,000? If not, you're not alone. A recent National Foundation for Credit Counseling online poll revealed that 83% of people either were not prepared for the financial responsibilities associated with a funeral or had no idea how much a funeral costs.

From Thrivent magazine, Summer 2013



Helping to Support the Free Clinic!

Trinity is supporting a week of operation of the Chippewa Valley Free Clinic with a goal of raising \$5,700 by October 15. We have \$1,020 so far! The Free Clinic provides medical care to working poor and others in our area through the volunteer efforts of health professionals and with support from churches like Trinity. Make your check payable to Trinity with memo: Free Clinic or give online at trinity-ec.org

Beacon House Volunteers!

Trinity will host the homeless in our area at the Beacon House October 13–19. Volunteers needed to provide an evening meal, host evening activities, stay overnight, and serve breakfast in the morning. Please pick a time when you can volunteer by signing up at Clipboard Central.

To avoid a liability issue for ECIHN all volunteers are asked to provide a legal name (married and maiden if applicable), birth date, and address for a background check. Feel free to contact Kelly Christianson at 715.834.4357 or ecihn@sbcglobal.net should you have any questions about this new procedure. Thank you in advance for your cooperation as we know that you care about the safety of our littlest guests as well.

Food Pantry Ministry Update

Trinity's Food Pantry continues to be blessed by on-going support from congregation members both in dollars shared and volunteer hours given. Thank you!

Unique support for our pantry during August include:

- The Eau Claire FFA chapter donated seven dozen eggs every week.
- Many Trinity members donated produce from their gardens.
- One Trinity member donated \$250 requesting something different from the regular items ordered. Peanut butter was purchased and distributed to the delight of many guests!
- We received a \$500 grant from the Emergency Food and Shelter Program through the United Way.

Within the month of August:

- Families served: 785
- Total amount of people served: 2424
- Number of children served: 914
- NEW guests to our pantry: 114
- Amount of food distributed: 24,576 lbs. or 11.2 tons

You can assist in feeding the hungry in the Chippewa Valley. We have two volunteer opportunities available:



- Pick up produce at Feed My People Food Bank on the first Tuesday morning of a month and deliver the items to Trinity's Food Pantry.
- Pick up items at a designated Kwik Trip store.

Contact Sharry Hebert (sharry@trinity-ec.org) for more information.

Prayer Link

You are invited to join in praying for others who ask for our prayers and become part of Prayer Link. Each week many people ask for the prayers of the pastors, staff, and members who've agreed to pray for others. When you join Prayer Link, you will receive prayer requests via email or phone message. Then you pray wherever and whenever you can! We'll provide you a monthly update of prayers and some inspiration for your praying.

If you appreciate the benefits of prayer and are willing to pray for those who share requests, email Heather Day at heatherd@trinity-ec.org or note your willingness via the Prayer Link on the homepage of trinity-ec.org

Socializing for Seniors Friendship Group Wednesday, October 9

Join us as we travel to quirky, unique Fountain City. We will visit Lefsetime, a Scandinavian shop, for a lefse demonstration and samples as well as the Harvest Time Winery Shop. Lunch will be at the Monarch, a hundred and sixteen year old building with many interesting details. Because the Monarch cooks everything to order, please include your phone number with your check, and we will contact you about your menu choices. After lunch, we will visit Elmer's Auto & Toy Museum as featured in the Leader Telegram. On the way home, we tour Prairie Moon Sculpture Garden & Museum, a concrete garden near Buffalo City. Cost of the trip is \$37. Make checks payable to Trinity Friendship Group and mail to Pat Cliff, 6681 Talmadge Rd., Eau Claire WI 54701. The bus will leave the church parking lot at 9:00 A.M.



Trinity "Page Turners" Book Club

Please join us on Tuesday, October 15, at 6:30 P.M. in the Trinity Library. We will discuss *Moon Over Madeline Island* by Eau Claire native, Jay Gilbertson.

Every day in her busy Eau Claire, Wisconsin beauty salon, Eve's clients trust her with their hair and their hearts. Unattached and not unhappy about it, she chugs along through life, fuelled by coffee, gossip, and the daily round of split-end crises until long-time client Ruby proposes something completely wild. Maybe it's the perm fumes, but she wants Eve to drop everything and move with her to a rambling, dilapidated cottage way up north at the lake. What's even crazier is that Eve agrees. If life is what you make of it, Eve and Ruby are bound and determined to make it fabulous.

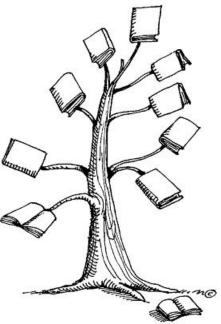
Please R.S.V.P. a spot for yourself by calling 715.832.6601, emailing Cindy at cindy@trinity-ec.org or signing up at Clipboard Central.

New to Our Church Library

- Tomorrow There Will Be Apricots by Jessica Soffer. This is a story about accepting the people we love—the people we have to love and the people we choose to love, the families we're given and the families we make. It's the story of two women adrift in New York, a widow and an almost-orphan, each searching for someone she's lost. It's the story of how, even in moments of grief and darkness, there are joys waiting nearby. (SIC SOF)
- Village Affairs by Miss Read. This is not a new novel but has been added to our collection. Popular author Jan Karon says, "Here you'll find delicious wit, quirky characters, the colorful intrigues of daily life, and

certainly love and laughter . . . Delightful." (FIC REA)

Walls. This is the newest book by Jeannette Walls, author of The Glass Castle * and Half Broke Horses (books in Trinity's collection). *The Silver Star* is a heartbreaking and redemptive novel about an intrepid girl who challenges the injustice of the adult world—a triumph of imagination and storytelling. (FIC WAL) * Note: *Glass Castle* is the Trinity Page Turners selection for May 2014.





It's October already. Our FIRST month of school went fast! We have heard about creation and Noah's Ark from our children's Bible. We've made our own creation to take home. It was colorful and 3D with beautiful beading. We've also had our group photo taken with Buckley Photo and tie dyed our own t-shirt for school. It's been a really good month, and we are thankful!

Looking ahead to October, we will visit the Ferguson Apple Orchard, celebrate with a costume party, and enjoy our annual Noah's Ark Spaghetti Supper on October 22 from 4:00 P.M.—7:00 P.M. Hope to see you there! Tickets will be on sale on Sundays, October 13 and 20, and also on Wednesday, October 16. Come enjoy great food, activities, and bid on our Silent auction baskets with these themes: "Family Night," "Go Green," "Book It," and "Coffee, Tea, Pamper Me."

Noah's Ark needs a few more students in the M/W/F classes, so please pass the word to families with children four before December 31, 2013. We'd love to have them here!

Enjoy God's beautiful "painted" world! Hugs,

Jeanne

PS...three year olds at Noah's Ark received Bibles on September 8 at worship or that week in class. Thank you, Trinity!



Children's Ministries

Tie Dye Saturday

Join us on Saturday, October 5, at 10:00 A.M. at Trinity in room 204. Please enter the building through Door 2. No reservations are needed; just come and join the fun! This is for anyone who likes to tie dye or wants to learn how to do it! Bring your own items to dye, i.e. white t-shirts, socks, onesies, shirts, etc. If it is a new item, please wash at home before you come. The dye, rubber bands, and soaking agent will be furnished. Ginny Lien will be on hand to help and teach. There is no cost; however, you can bring extra kids' t-shirts to dye for mission projects.



Wednesday Camp T.G.I.F. and Sunday School

Registration remains open for Wednesday Camp T.G.I.F classes (Grades 3–6) and choirs (Pre-Kindergarten–Grade Six) and School Sunday classes (two years old—grade six). For more information, contact Mary Schoenknecht at 715.832.6601. marys@trinity-ec.org or the website trinity-ec.org Children should bring their Spark Bibles to each Sunday School class and Wednesday T.G.I.F. class.

"My Church" for 2 Year Olds

This class is designed for two year olds (two by 9.1.13). Guardians/Parents and child will create together a personalized book of pictures. By using a digital camera, the child is photographed in various settings throughout the church. These pictures are then placed in a binder that the child keeps and uses at home and brings to worship. Class will begin on October 13, 2013. Registration forms are available by calling Mary Schoenknecht at 715.832.6601 or on Trinity's website trinity-ec.org

First Communion Instruction

Children in second grade and above who have not participated in Communion instruction and their parents/guardians have an opportunity to meet for instruction on Saturday, November 2, from 9:00–11:00 A.M. in Rooms 204/206 at Trinity. (Note: children in first grade will receive their instruction in March 2014.) Their First Communion celebration will be at the 6:30 P.M. Thanksgiving Eve Worship service on Wednesday, November 27. To register, call Mary Schoenknecht at 715.832.6601 or e-mail marys@trinity-ec.org

School Year Day Camps!

Music & Movement Mondays

Move and groove to the music with both new and old songs. We will explore music with song, dance, and instruments—a wonderful bonding experience for you and your child. New theme each week, and Bible stories conclude each class.

Time: Session One 9:15–10:00 A.M. for children ages 1–3 years (Parent or Caregiver must attend class with child); Session Two 10:15–11:15 A.M. for children who are three by 8.31.13 (Parent or Caregiver does not need to attend class with child) on Mondays. **Cost:** \$92; Fee adjusted per start date.

The Great Pretenders

Come and join the fun. Dynamic drama and awesome art will be combined to enhance children's literature and Bible stories. After creating props and costumes, children will use them to act out the stories. Theater games, creative movement, story structures, and creative artistry will be explored in this high energy class. For: Children who are 4 by 12.31.13. Time: 1:00–3:00 P.M. on Tuesdays. Cost: \$193; Fee adjusted per start date.

Camp Come and Play

Children will have an opportunity to play with other children of their age in Trinity's Nursery and Art Room. They will hear Bible stories, participate in art and music activities, and take time out to share a treat. **For:** Children with birthdays between 8.1.2010 and 5.31.2011 (limited to 12 children in each session). **Time:** Session One 9:15–11:15 A.M.; Session Two 12:15–2:15 P.M. on Wednesdays. **Cost:** \$199; Fee adjusted per start date.



Thrilling Thursdays

Spend Thursday mornings engaged in a wide variety of preschool activities. Children will cook, read, paint, experiment, sing, and dance. The class will allow children to explore and discover in the areas of language, science, music, math, and art. A hands on discovery approach will be emphasized in a Christian environment. **For:** Children who are 4 by 12.31.13 (limited to 8 students per group). **Time:** 9:00–11:00 A.M. OR 1:00–3:00 P.M. on Thursdays. **Cost:** \$193; Fee adjusted per start date.

Friday Friends

Spend Friday morning (Beginning January 3, 2014) engaged in a wide variety of preschool activities in Trinity's Nursery and Art Room. Children will cook, read, paint, experiment, sing, and dance. The class will allow children to explore and discover in the area of language, science, music, math, and art. A hands-on discovery approach will be emphasized in a Christian learning environment. **For:** Children who are 3 by 12.31.13; register now to hold your place as enrollment is limited! **Time**: 9:00–11:15 A.M. on Fridays for 19 class periods. **Cost:** \$255–\$125 deposit due at the time of registration; the remaining \$130 due in December.

Registration: To register or for additional information, call Mary Schoenknecht at 715.832.6601. **Please share this information with your friends.**

Youth Ministries

Youth Dates to Remember

Wednesday, October 2

- CrossWord Rehearsal in the Worship Center at 5:30 P.M.
- Club 78 in the Trinity Room from 7:15–8:30 P.M.
- High School Youth Group in the Youth Room from 7:15–8:30 P.M.

Sunday, October 6

• Club 78 Teen Study in the Trinity Room from 10:30–11:05 A.M.

Wednesday, October 9

- CrossWord Rehearsal in the Worship Center at 5:30 P.M.
- Club 9 in the Trinity Room from 7:15–8:30 P.M.

Sunday, October 13

• Club 78 Teen Study in the Trinity Room from 10:35–11:05 A.M.

Wednesday, October 16

- CrossWord Rehearsal in the Worship Center at 5:30 P.M.
- Club 78 in the Trinity Room from 7:15–8:30 P.M.
- High School Book Study in Fireside Room from 7:15–8:30 P.M.
- High School Youth Group in the Youth Room from 7:15-8:30 P.M.

Sunday, October 20

- Club 78 Teen Study in the Trinity Room from 10:35–11:05 A.M.
- High School Book Study in Choir Room from 10:30–11:45 A.M.

 Confirmation Banquet in the Trinity Room from 6:00-7:30 P.M.

Wednesday, October 23

- CrossWord Rehearsal in the Worship Center at 5:30 P.M.
- Club 9 in the Trinity Room from 7:15–8:30 P.M.

Sunday, October 27

- Affirmation of Baptism at the 8:15 A.M. and 9:45 A.M. Services
- No Club 78 Teen Study Today

Wednesday, October 30

- CrossWord Rehearsal in the Worship Center at 5:30 P.M.
- Club 78 in the Trinity Room from 7:15–8:30 P.M..
- High School Youth Group in the Youth Room from 7:15–8:30 P.M.
- High School Youth Group in the Youth Room from 7:15-8:30 P.M.

Teen Study for Club 78

Teen Study will begin on October 6 from 10:35–11:05 A.M. Teen Study offers students an opportunity to explore the Faith Book in an interactive Bible study. Teen study is led by a team of volunteers. Club 78 Teen Study will meet in the Trinity Room.

High School Book Study

High School students will have the opportunity to nurture their faith through a book study. This fall, we will read "I Beat the Odds" by Michael Oher. Learn Michael Oher's story of the blind side as he reflects how far he has come from his youth to achieve his dream. Choose either Wednesday evenings or Sunday mornings. We will have three meetings this fall. Dates, times and a sign up sheet are available at the Tool Bench.

High School Youth Group

Trinity's High School Youth Group will resume meeting this month. Grab a friend and join other high school students for fellowship, service, faith enrichment, and fun. We will meet from 7:15–8:30 P.M. on Wednesdays, October 2, 16 and 30 in the Youth Room.



Youth Retreats

Luther Park Recharge Club 78 and Club 9 Retreat

Luther Park Recharge is coming up on the weekend of October 25–26. Campers and adult chaperones are encouraged to come away to Luther



Park to RECHARGE their faith. Participate in music, faith discussion, service projects, rec time, meals and snacks, and workshops. Registration materials and more information are available online at lutherpark.org and at the Tool Bench.

Godstock 2013 • High School Retreat

Godstock is scheduled for the weekend of November 8–10 at the Metropolis Resort in Eau Claire. Gathering includes keynote speaker, music by Lightswitch, Action City, Chaos Waterpark, workshops, and t-shirt. Registration and deposit deadline in Wednesday, October 9.

Youth Service Opportunities

Community Table

Food is a basic need of humankind, and it is our privilege to serve those who go without! We will be serving a meal to those in our community at the Community Table on Friday, October 11, from 4:30–7:00 P.M. Thank you to those who have signed up to serve our community.

Lutheran World Relief-Load A Truck

Trucks will be ready to be loaded on Saturday, October 12, at 8:00 A.M. We need volunteers ready to help load and unload here at Trinity, as well as at CVTC West Campus, throughout the morning. Parents, we need all the trucks or vans we can get to load up here at Trinity! Please sign yourself and your youth up at the Tool Bench.

Crop Walk

The annual fall Crop Walk is here! Envelopes were given out during Club 78 and Club 9 service fairs. Each participant is responsible for collecting donations and bringing them to Carson Park on the day of the walk. The group will meet at Carson Park on Sunday, October 13, at 1:30 P.M. Please contact Pat Hassemer at 715.797.5870 with any questions.

Highway Clean Up

All youth are invited to join Kurt Lauer on Saturday, October 19, for the fall Highway Clean Up service event. Volunteers will meet at Trinity at 9:00 A.M. for a short informational video and then proceed to Little Red School. Trinity has a designated two-mile stretch of the highway to keep clean. A sign up sheet is posted at the Tool Bench. Adults are also needed for this service event.

Noah's Ark Spaghetti Supper

Volunteer at Noah's Ark Spaghetti Supper and support Trinity's Preschool Ministry on Tuesday, October 22. Help serve a meal, bus tables, or engage with children as you assist with games and activities. Contact Ms. Cooper at 715.832.6601 for more details or sign up at the Tool Bench.

Please contact Cassie or Lisa at the Youth Office for any additional information or with any questions at 715.832.6601 or cassie@trinity-ec.org or lisa@trinityec.org

Circle Listings

Deborah

Thursday, October 17, 9:30 A.M.

Trinity

Hostess: Joyce Davis Leader: Nancee Burbank

Dorcas

Wednesday, October 16, 1:00 P.M.,

Trinity

Hostess: Rose Sippel Leader: Pat Hanson

Martha/Mary

Tuesday, October 15, 7:00 P.M.

Trinity

Hostess: Phyllis Grohn Leader: Kathy Gjesfjeld

Miriam

Wednesday, October 16, 9:30 A.M.

Trinity

Hostess: Avis Drung Leader: Group

Ruth

Tuesday, October 15, 1:30 P.M

Hostess: Shirley Freeberg, 4404 E.

Robin Meadows Lane Leader: Marge Oleson

Sarah

Wednesday, October 16, 9:30 A.M.,

Trinity

Hostess: Evelyn Carlson Leader: Phyllis Burrows



Financial Update

Our church is blessed by every offering that is shared to support its mission and ministries. Thank you for your offerings. If you're not already using the, convenient service of electronic fund transfer, please consider doing so. You may set this up at trinity-ec.org or receive assistance by contacting the Trinity office. If you're already using electronic fund transfer for your offerings and no longer need offering envelopes mailed to you, please email amber@trinity-ec.org

January–August	2013	2012
Regular Offerings	\$631,298	\$643,772
Expenses	\$631,412	\$649,651
Variance	-\$114	-\$5,879

Mortgage Payment

Thank you for your offerings to Mortgage Payment. Every dollar you share goes directly to reduce the debt from our 2004 building expansion. If you're not already helping to reduce the mortgage, please join the effort this month. The ELCA Mission Investment Fund holds the note: 4.125% with monthly payments of \$8,413. As of August, our loan balance was \$908,600. Use your weekly envelope to contribute to Mortgage Payment or do so online at trinity-ec.org. Thank you for your offerings to Mortgage Payment.

Memorials & Gifts Received in August

Mission Fund

• In memory of Jan Joseph: Ted & Ardis Nystuen

The Community Table

• In memory of Jan Joseph: Bernt Martinson

Quilter Fund

• In memory of Monte Bluske: Dennis & Norma Bohman

Organ Fund

• In memory of Roy Hendrickson: Bob & Mary Schoenknecht

Endowment Trust Fund

- In memory of Monte Bluske: Chuck & Sue Nyberg, Dick Cable, Jack & Carol Bartingale, Lori Juneau, Barbara Tischer
- In memory of Jan Joseph: Chuck & Sue Nyberg, Dick Cable, Barbara Tischer, Barbara Vorhes

Friends of Flynn Fund

• In memory of Jim Walsh: David & Ginny Lien

Children's Bible Fund

- In memory of Jim Walsh: Jim & Mary Karker Family
- In memory of Owen Bergh: Norma Christopher, Bob & Mary Schoenknecht
- In memory of Roy Hendrickson: Art & Dorothy Petzold

Library Fund

- In memory of Jan Joseph: Don & Barb Lee, Jerry & Joanne Dow, Lori Juneau, Bob & Mary Schoenknecht, Ann Johnson
- In memory of Monte Bluske: Don & Barb Lee, Jerry & Joanne Dow, Gerald & Sandra Jacobson

Trinity Choir Fund

- In memory of Jan Joseph: Peter & Rita Van Stelle
- In memory of Monte Bluske: Carol Hagen

Day Camp Ministry Fund

- In memory of Caryl Rihn: Bob & Mary Schoenknecht
- In memory of Jim Walsh: Bob & Mary Schoenknecht

Food Pantry Fund

- In memory of Jan Joseph: Dave & Jeanette Suchla, Joanne Stange, Marie Sherman, Jim & Sherry Jones, Julia Lokken, Steve & Vicki Borsheim
- In memory of Monte Bluske: Dave & Jeanette Suchla, Sue Stoughton, Jeff & Karla Halloin
- In memory of Dave Counsell: Dave & Jeanette Suchla, Barbara Lawrence, Family & Friends, John & Jane Lorch, Kirk & Nancy Rodman, Joel & Mary Strayer, David & Joan Totten, David & Sonia Becker, Gary & Judith Dunn, Bob & Mary Schoenknecht, Family & Friends
- In memory of Roy Hendrickson: Elaine Lonning, Carla Brandrup
- In memory of Jim Walsh: Elaine Lonning, Carla Brandrup
- In memory of Jim Lonning: Ev Carlson, Leatrice Solberg, The Friendship Group, Rick & Rebekah



Krumrie, Ann Ayres, Carla Brandrup

• In memory of Steven McClelland: Carla Brandrup

Memorial Fund

- In memory of Caryl Rihn: Ken & Gloria Anderson
- In memory of Jim Walsh: The Dovre Family, Joan Wendler
- In memory of Roy Hendrickson: Ann Ayres, Arnold Talford
- In memory of Lenore Rood: Family & Friends
- In memory of Jim Lonning: Joel & Judith Smith
- In memory of Jan Joseph: Howard Berg, Jeff & Karla Halloin, Morris & Audrey Brumberg, James & Marjorie Oleson, Donald & Nancy Winter, Donna Bergquist, Vila Nygaard, Susan Schaefer, Eleanor Hesse, Ann Ayres, David & Sonia Becker, Lila Johnson, Sandra Krumenauer, Jack & Lois Olson, David & Gloria Weiss, Jack & Carol Bartingale, Shirley Freeberg
- In memory of Monte Bluske: Randy & Sandra Krautkramer, Brian & Jackie Buchholz, Ken & Gloria Anderson, Morris & Audrey Brumberg, Terry & JoAnn Beaty, Joan & Doug Smith, Barbara Walk, Willard & Carol Korn, Donald & Nancy Winter, Richard St. Arnauld, Ralph & Norma Marking, Harold & Helen Horn, Darrell & Norma Brotzman, Gerald Shay, Jerome & Carole Frederick, Elmer & Millie Winters, Meschke Rehab Services, John & Christine Kramschuster, David & Carol Anderson, Allan & Patricia Hanson, James & Wendy Severson, David & Susan Frank, Jon & Maureen Homstad, Arvid & Dianne Faldet, Deann Brost, Dennis & Karen Zacho, John & Nancy Schaaf, Phyllis Nanstad, David & Holly Pokrandt, Suzanne Kristo, Roy Olson, Edward & Carla Ahneman, Kenneth Krueger, Allen & LaDonna Schultz, Carl & Lorraine Higgins, Donald & Cheryl Solfest, Dennis & Lois Peterson, Roger & Alta Fuchs, Thomas & Barbara Johnson, Jay & Jill Mayer, Chester & Susan Frisch, Marlene Larson, Duane & Carlene Schultz, Duane & Greta Johnson, Donald & Jan Betthauser, Mark & Donna Faanes, John & Jennifer Panzigrau, Wipfli CPA's & Consultants

Health Ministries

Dear Family and Friends,

In October we observe the Festival of St. Luke the Evangelist and Physician as well as National Breast Cancer Prevention month which is the topic I want to share with you today. We rejoice with the words of Moses "...I am the Lord, who heals you." (Exodus 5:26)

Who Is at Risk for Breast Cancer? It is estimated that 232,340 women will be diagnosed with and 39,620 women will die of breast cancer in 2013. Women in the United States get breast cancer more than any other type of cancer except skin cancer. The number of new cases of



breast cancer has stayed about the same since 2003. Breast cancer is second to lung cancer as a cause of cancer death in American women. However, deaths from breast cancer have decreased a little bit every year for the past several years. One out of every eight women will be diagnosed with breast cancer during her lifetime. Risk factors include a personal history of breast cancer, a first-degree relative (mother, grandmother, sister, or aunt) with breast or ovarian

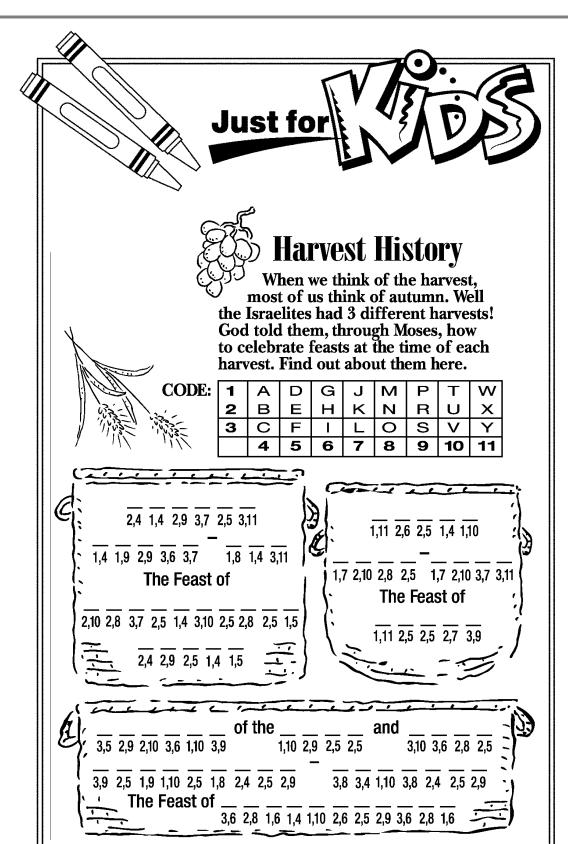
cancer, having certain genetic mutations, smoking, or being over 50 years of age. The good news is that breast cancer is often treatable and curable if detected early, and many breast tumors are not cancerous. Most breast lumps are found by women doing self breast exams, but mammograms can detect tumor 12 times smaller than those found by chance.

Screening Guidelines: Self breast exams once a month at the same time (a week after your period ends). This is the most important thing we can do to protect ourselves. Check all breast tissue, including the armpit and above the breast area on the chest wall, using a circular motion with your finger pads. It is important to examine your breast in a mirror to detect any changes.

Breast exam by a health professional should be scheduled every three years between ages 20–39 and yearly from age 40 on. Yearly mammogram at age 40, and continue every year for as long as the woman is in good health. See a doctor right away if you feel anything unusual or have any nipple discharge.

What can I do to Prevent Breast **Cancer?** A diet with a high percentage of plant based foods including fruits, vegetables, legumes and whole grains; limited intake of meat and other animal products; and balancing calorie intake with physical activity are powerful ways to reduce your risk of breast cancer. Secondly, taking Tamoxifen or other indicated drugs may cut risk by 50% for some persons. There are some health risks associated with this drug, so the decision must be made in careful consultation with your doctor. Thirdly, estrogen doesn't seem to cause cancer, but it may cause an increase in breast cancer growth if it is already present.

For more detailed information, consult your physician or the American Cancer Society at www.cancer.org In His Peace, Marti Hofer, R.N., Parish Nurse



"Serving in Christ's Love and Sharing the Good News"

Trinity Lutheran Church—Evangelical Lutheran Church in America, 1314 East Lexington Blvd, Eau Claire WI 54701 Phone: (715) 832.6601 • Fax: (715) 832.6700 • Web Page: trinity-ec.org

Ministers

People of Trinity

Congregational President

Brandon Thorsness

Pastors

Kurt M. Jacobson

715.832.9726

Jim Page

715.834.7092

Sarah Semmler Smith

715.827.1230

Brahm Semmler Smith

715.827.1220

sarah@trinity-ec.org

kurt@trinity-ec.org

jim@trinity-ec.org

brahm@trinity-ec.or

marys@trinity-ec.org

noahsark@trinity-ec.org

shirley@trinity-ec.org

marti@trinity-ec.org

pat@trinity-ec.org

Ministry Directors

Mary B. Schoenknecht

Children's Ministries

Jeanne Cooper

Noah's Ark Preschool

Shirley Sands

Worship & Music

Marti Hofer R.N.

Parish Nurse

Pat Garber

Visitation Ministry

Youth Ministry Leadership Team

Lisa Goetz lisa@trinity-ec.org

Youth Ministry Assistant

Anne Josephson

Club 78 Coordinator

Cassie Brenden Club 9 Coordinator cassie@trinity-ec.org

anne@trinity-ec.org

Building & Grounds

Don Peterson Melissa Buchli

Ministry Support

Gail Brian gail@trinity-ec.org

Financial Ministry Assistant

Amber Moltzau

Office Administrator

Heather Day heatherd@trinity-ec.org

amber@trinity-ec.org

cindy@trinity-ec.org

Ministry Assistant

Cindy S. Beck

IT/Ministry Assistant

Sharry Hebert sharry@trinity-ec.org

Food Pantry Coordinator

Noah's Ark Pre-School Teachers &

Day Camp Leaders

Ginny Lien ginny@trinity-ec.org Jill Kasmarek ikasmarek@att.net

Marlee Knickerbocker jknick6054@aol.com

Choir Directors

Gary Rambo—Trinity Choir

Ryan Poquette—Trinity Tollers

Kris & Brian Pressler-Worship Music Leader

Drew Brandenburg—CrossWord Youth Band

Jeanne Cooper—God's Little Singers

Corrine Gransee-Paral—Children's Choir

Shirley Sands—Totally Joyous Christians, Harmony in

Spirit

Missions

Maranatha Church in Kingston, Jamaica

Blantyre Lutheran Parish in Malawi, Africa

Jacqueline & Patrick Bencke, Japan

Seminary Student

Jamie Brieske-Luther Seminary

- Please submit all articles for the Tidings electronically in MS Word, WordPerfect format, or in the body of an email. Submit to: cindy@trinity-ec.org
- All submissions must be your own work. Any copyrighted material (code, images, or otherwise) must include written permission from the original source.
- Deadline for the November Newsletter is October 22.