

Trinity

Lutheran Church

Become a Member in May!

There's so much interest in joining Trinity that we're offering "Discover Trinity" again this spring. So if you've been waiting to join our church or if you know someone you want to see become part of Trinity, note this: Sunday, May 22, from 9:00–10:30 A.M.

This is a one time gathering for all interested in joining Trinity. Please RSVP suzanne@trinity-ec.org or simply come to the Preschool Room on Sunday, May 22, after the 8:15 A.M. worship service. For more information now, please contact any of the pastors: kurt@trinity-ec.org, jim@trinity-ec.org, heather@trinity-ec.org

India Comes to Trinity

Sunday, May 1, we welcome Rev. Dr. Jacob Pudaite to Trinity. Jacob is the principal of Trinity Bible College and Seminary in Sielmat, India. During a sabbatical in 2009, Pastor Kurt Jacobson visited the College and Seminary and participated in their graduation.

Trinity College and Seminary began in 1999. It is a ministry of the Evangelical Free Church in India where less than 2% of the 1.3 billion population is Christian.

Jacob is coming to Trinity and several US churches to strengthen the relationship of the seminary with churches and friends abroad.



Faith Eye on State Budget

The six ELCA bishops of WI have written the Governor and members of the Legislature. They ask that all people be treated with dignity and that the budget not place undue challenges on those who can least afford to bear those burdens. Copies are available today at the Information Center and at www.trinity-ec.org

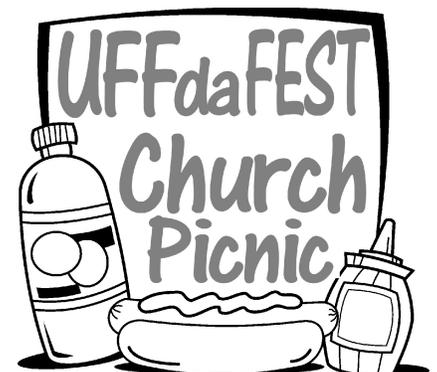
Children's Choirs Voice Praise

You're invited to be led by our 70+ kid musicians in praising God on Sunday, May 8, at 8:15 A.M. and 9:45 A.M. worship with the theme: "Heart to Change the World." This is a great Sunday to bring friends to worship at Trinity.

Church Picnic!

Trinity's Annual "Uff da Fest" Church Picnic will be held on Sunday, May 22. Food will be available beginning at 10:30 A.M. Carnival games and inflatables start at 10:45 A.M.

Volunteers are needed to help with setting up, serving food, leading the games, and making cakes for the cake walk (need 25–30). If you are willing to help, please sign up at Clipboard Central in the lobby or contact Mary Schoenknecht at 715.832.6601 or marys@trinity-ec.org



Dear friends,

May. It's a simple word, though in our part of the world it is more than a word. May is a movement, a state of mind, an attitude of bliss. All are a result of more sunlight with longer days, warmer weather, and the shunning of shoes for sandals. We are ushered back outdoors, back to the grills with tongs in hand, back into a new reality of spring. Ah, May. We welcome you with open arms!

We also welcome the new growth that God brings to us in the wake of a glorious Easter morning. Our series during Lent, "Life is Too Short," drew our attention to qualities that can lead our spirits into a darkened state. Qualities such as envy and worry led us to honestly look at the past, with a keen awareness of today, ever-mindful of the future. What in your life needs attention in order for you to move forward, to seize something new and cling to the joy of new life in Easter with open arms?

The long journey of Lent was overcome by the short, and life-changing, declaration, "Christ is Risen"...everything had become new! Away with despair, guilt, and hopelessness. Receive joy, grace, and hope with open arms!

In this month of May, I hope that this Easter declaration guides you in seizing what is new. Like a sunrise that greets us each morning, each day serves as a reminder that we worship a God of: **New beginnings. New life stages. New opportunities. New goals.**

Anything new is marked by a natural hesitation over the unknown mixed with the temptation to remain where we are since it's familiar and comfortable. God does not settle for that. God continually moves us forward to bring new life

out of the past. We may take small steps, yet small steps are still steps forward. Steps forward in faith trusting in God's presence and love.

As you slip on your sandals or put on your favorite short sleeve shirt to venture out and bask in the sunshine this month, take a step forward in your faith and life. Seize the gift of worship, prayer, and time with people of faith as you live in the newness of Easter. As Christ said, "I have come to make all things new." (Revelation 21:4)

A message to receive with open arms!

Pastor Jim Page

**New beginnings.
New life stages.
New opportunities.
New goals.**

Trinity on the Web

Please "go green" and ask to get your monthly Trinity Tidings via our website with an email that will come to your inbox as soon as it's available each month. Email Suzanne Becker at suzanne@trinity-ec.org to request this convenient, free service!

Visit Trinity at www.trinity-ec.org and find pertinent and up-to-date information about ministries and events. In addition you can find on the website:

- The monthly Trinity Tidings newsletter.
- Sunday sermons in print or downloadable audio format.
- How to join Trinity and our Core Values.
- Children and youth events.
- Vacation Bible School and Day Camp registration information.
- Our website is also a great tool to guide a new neighbor or coworker to Trinity. Find out the steps to join Trinity on the "I'm New" page.

Prayer Friends Meet!

On April 13 nearly 80 adult Prayer Friends who have been praying daily for our 7th and 8th grade youth met together for the first time. A Prayer Friend is paired with a student in the fall. Without knowing the identity of the adult until now, students pass along prayer requests through a general email address of Trinity to the prayer friend. When the meeting takes place, there is anticipation, joy, and gratitude for prayers offered. Thank you to the adults who were Prayer Friends this year. Watch for the opportunity to become one in the fall.

About our Friends of Grace Lutheran Church

Grace Lutheran Church next to the Courthouse downtown has experienced significant upheaval in recent months as the Council and Pastors led an effort to disaffiliate the congregation from the ELCA. On April 3 over 500 people voted on a resolution to disaffiliate, and it fell 10% short of the required 2/3's majority. However, the pastors and Council voted to continue efforts to pull Grace out of the ELCA, and the faithful people striving to end this debate have chosen to move on to a more hopeful future.

Thus, in cooperation with Bishop Pederson and the Synod Council as well as the other ELCA clergy in the area, a "Synodically Authorized Worshiping Community" has formed, comprising the people of Grace who wish to remain in the ELCA. They worship now at First Lutheran Church on Sundays at 4:00 P.M. This effort is intended to support and provide a safe worshiping community for those alienated from Grace, though anyone is welcome to join them for worship. Synod staff will initially provide worship leadership.

When You Desire Baptism

We celebrate Holy Baptism with about 50 families throughout the year at Trinity. That's a sign of the youthfulness of the congregation and the excellent ministries that draw young families to Trinity! Baptism is offered in Sunday worship usually on the second and fourth Sundays of the month. For specific dates, please check: www.trinity-ec.org News/Events page or contact one of the pastors at 715.832.6601.



Senior Citizens

In May the group will meet on Wednesday, May 11, at 10:00 A.M. After a short meeting, they will travel to Fanny Hill Dinner Theater to see the comedy "Escanaba in da Moonlight." The lunch will begin at 12:00 P.M. The cost of play and dinner is \$34.95. Deadline for your reservation is Monday, May 9. Send your check to Pat Cliff, 6681 Talmadge Road, Eau Claire WI 54701

Leave A Legacy

God wants you to be good stewards of all that has been given to you, including the assets accumulated over a lifetime. In order to provide you a vehicle to be charitable upon your death as you were while on this earth, the Trinity Endowment Trust Fund welcomes designations in your will or other estate plans.

Great things are done as Trinity's Trust Fund grows. Your bequest is invested carefully for the rest of time, and only the proceeds from your contribution are used. Read about the possibility to be charitable with your accumulated assets at "Endowment Trust Fund" www.trinity-ec.org

Women's Summer Study

The 2011 Women's Summer Study group will once again do a Beth Moore study. This year the study is "To Live Is Christ, A Study of Apostle Paul's Life." This is an 11 week study using a video/workbook format beginning on Wednesday, June 15, from 9:30 A.M.–11:30 A.M. The cost of the workbook is \$16.50. You can sign up at Clipboard Central or call the church office.

If you've been thinking about doing a study like this but are not sure if it's for you, please come and see what it's all about. For more information, contact Sue Nyberg at 715.379.5568.

Luther Park Pancake Breakfast

On May 14 Luther Park is hosting their Second Annual Pancake Breakfast and Camp Tour Day. Please join them for some great food and fellowship! You are also invited to take a camp tour! This is a great opportunity for campers to become familiar with Luther Park in preparation for this summer.

If you register for camp during the pancake event, you may qualify for a \$15 discount. Luther Park would love to have some volunteers come and help with flipping pancakes, greeting people, cleaning up, and much more. To volunteer, contact Becky at 715.859.2215 or becky@lutherpark.org

New Pastor In Town

Bishop Duane Pederson will install Pastor Gerd Bents at the Lutheran Church of the Good Shepherd in Eau Claire on Saturday, May 7, at 3:00 P.M. All are welcome!



Donate food on Sunday, May 1, for our annual Load-A-Truck event. All donations will benefit Trinity's Food Pantry and Feed My People. Feed My People provides food for numerous food pantries in our area including our own pantry at Trinity. Please consider donating a bag of food or a cash donation on May 1. Checks should be made out to Trinity Lutheran

Church or Feed My People. A truck will be parked in front of Trinity to collect groceries and your donations. The people of our community thank you deeply!

Friends of Flynn Update

Our partnership with Flynn School is continuing to grow! In March, April, and May, Trinity provided healthy snacks to the students and teachers. A clothing swap was organized and numerous pairs of athletic shoes were donated. Beginning in May we hope to collect new packages of underwear and socks for elementary school age boys and girls. Look for our donation box in the lobby. If you would like to financially support this ministry, please direct your donation to Trinity Lutheran Church with a memo "Friends of Flynn."

Soles for Special Souls

Through your generosity, this special project continues to provide shoes to children in need in our community. Vouchers are provided to families allowing them to pick out new shoes or boots. In 2010–2011, we were able to distribute the following:

- Through our food pantry, we distributed vouchers for almost 250 pairs of shoes to children before school started last fall.
- With the assistance of our Eau Claire elementary school counselors, we distributed vouchers for over 100 pairs of boots to children in our schools.
- Coordinating with the Bolton Refuge House, we provided their staff with vouchers to be used at their discretion for families in need.

This fall we hope to be able to help even more children. A special thank you to our local K-mart store as they continue to help us coordinate these efforts, providing us with a 25% discount. Thank you also to the Eau Claire Women's Giving Circle for their financial support. If you would like to support this ministry, please direct your donation to Trinity Lutheran Church with a memo "Soles" for Special Souls.



Partners in Haiti

It's been 15 months since the earthquake in Haiti which killed over 300,000 and left over one million homeless. Though many have become pessimistic because of the slow progress to rebuild the country, Haiti Partners has not held back. They have built schools quickly, trained more teachers, and found success in their mission to change Haiti through education.

Some of your offerings to Trinity support Haiti Partners. This is a thank you from co-directors John Engle and Kent Annan:

"From day one we have worked effectively with our trusted network of Haitian community leaders and educators to get things done and, in doing so, to encourage hope for a better future. For more details, please read our written update at haitipartners.org

This great progress would not have been possible without the generous support of so many individuals, institutions and local partners. With humble gratitude, for this we say, THANK YOU!

Community Table

Join us on Friday, May 20 as Trinity serves the hungry in our area at the Community Table. Two shifts are available. The first shift (3:00–5:00 P.M.) helps prepare the meal while the second shift (4:45–7:00 P.M.) serves the meal. This is an excellent opportunity for couples, families, youth, or anyone who wants to serve! Sign up at Clipboard Central.

Save A Life!

Trinity will host the spring Bloodmobile on Thursday, May 12, from 2:00–7:00 P.M. You must be at least 17 years of age (16 with a parent's signature), weigh a minimum of 110 pounds, and be in general good health. Sign up at Clipboard Central or make your appointment online at www.givebloodgivelife.org and enter our zip code. Other volunteer opportunities include baking treats or acting as reception host or canteen host. Give the gift of life! Contact Jane Olsen with any questions at 715.830.9581.

Volunteers Needed for Blood Drive!

Volunteers are needed to assist with reception and the canteen at the American Red Cross Blood Drive on Thursday, May 12 in the Trinity Room. Volunteer shifts are as follow: 12:00 A.M.–2:30 P.M., 2:15 P.M.–4:45 P.M. and 4:30 P.M.–7:00 P.M. Other volunteer opportunities include providing baked goods for the donors. Please sign up at Clipboard Central or contact Jane Olsen at 715.830.9581 with any questions. Thank you!

ELCA Gives More to Japan

The Evangelical Lutheran Church in America announced April 11 that it has committed an additional \$500,000 to three partners in Japan as part of the ELCA's continuing response to the massive earthquake and tsunami that struck the northern part of the country one month ago. Coupled with funds committed earlier, the ELCA has committed a total of \$740,000 toward response to the disaster. Thanks for your offerings to Trinity, a portion of which is shared with the ELCA for this great work across the world. Give anytime online at trinity-ec.org

A New Term to the Mortgage

Thank you for your offerings to Mortgage Payment and Regular Ministries. Both contributions empower the ministries of our church and make possible our monthly payment. In February, the congregation approved refinancing our loan and reducing the interest rate to 5.125% (vs 6.99% previously). The ELCA Mission Investment Fund now holds our loan for a 15 year term with the interest rate locked for 7 years. The new amount financed (mortgage balance) is \$1,297,296 and our new monthly payment is \$10,485. The Council intends to keep making the previous monthly payment of \$12,250 whenever possible to shorten the length of the loan and reduce interest expense. Since inception, your monthly offerings to the mortgage have always made possible the payment, so our leaders feel confident we can continue to make the higher payment. Thank you for your offerings.

Your offerings for regular ministries and mortgage give life in so many ways. Thank you for giving. If you'd like to begin making automatic transfers from your financial institution, set it up today online at www.trinity-ec.org "Giving." For assistance, please contact Office Administrator Amber Moltzau at 715.832.6601 or amber@trinity-ec.org

Circle Listings

Deborah

Thursday, May 19, 9:30 A.M. Trinity
Hostess: Betty Lee
Leader: Carol Bartingale

Dorcas

Wednesday, May 18, 1:00 P.M.
Trinity
Hostess:
Leader: Group

Martha/Mary

Tuesday, May 17, 7:00 P.M., Dove
South
Hostess: Vila Nygaard
Leader: Group

Miriam

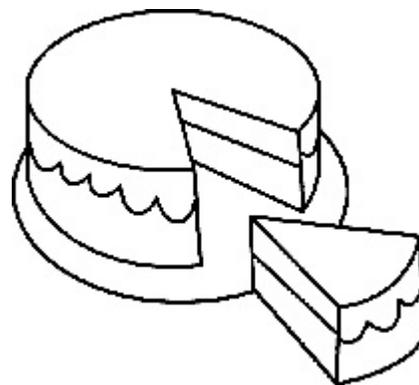
Wednesday, May 18, 9:30 A.M.
Trinity
Hostess: Cheryl Thomas & Jean
Ann Stone
Leader: Group

Ruth

Tuesday, May 17, 1:30 P.M.
Hostess: Jeanette Suchla, 3809
Harvard Lane
Leader: Char Finseth

Sarah

Wednesday, May 18, 9:30 A.M.,
Trinity
Hostess: Dottie Petzold
Leader: Phyllis Burrows



**Cakes needed for the
Church Picnic. See
page one for details!**

New to Trinity's Library

Books on Bullying

Look for the special display in our library.

- ***My Secret Bully*** by Trudy Ludwig. Monica is a target of relational aggression, emotional bullying among friends who will use name-calling, and manipulation to humiliate and exclude. But with a little help from a supportive adult, her mother, Monica learns to cope and thrive by facing her fears and reclaiming power from her bully. (+ LUD)
- ***Bullying and Me, Schoolyard Stories*** by Ouisie Shapiro. This book contains true life experiences of kids who have been bullied by other kids at school. (YP 371.5)
- ***Bullying*** by Joy Berry. The author's goal is to help children of all ages live responsibility, so they can be happy and successful. She made this book entertaining and fun by adding cartoons and humor. (+ BER)
- ***Say Something*** by Peggy Moss. At school, there are some children who push and tease and bully. Sometimes they hurt other kids by just ignoring them. The girl in this story sees it happening, but she never does these mean things herself. Then one day something happens that shows her that being a silent bystander isn't enough. (+ MOS)

Two chapter books for young readers

- ***Roscoe Riley Rules # 2 Never Swipe a Bully's Bear*** by Katherine Applegate. (+ APP)
- ***Stinky Stern Forever*** by Michelle Edwards (+ EDW)

Good selections for younger children

- ***Jungle Bullies*** by Steven Kroll. Elephant is bigger than Hippo, so he takes Hippo's sport in the pond. This causes Hippo and then other animals to pick on those who are smaller. When Monkey complains to his mother, she comes up with just the right solution and all the animals learn to share. (++ KRO)
- ***No Bunny's Perfect*** by Anna Dewdney. Bunnies try to do the right thing, but sometimes it's not that easy. Sometimes they need a little reminding—how to share, and how to care. The author uses humor and charm to demonstrate good habits. (++ DEW)
- ***The Recess Queen*** by Alexis O'Neill. This is a wonderfully funny illustrated book with a great message about playground bullying. (++ ONE)
- ***Stop Picking on Me, A First Look at Bullying*** by Pat Thomas (++ THO)

New to the Library in the Non-Fiction Section

- ***Heaven is for Real*** by Todd Burpo. This is a young child's astounding story of his trip to heaven and back as told by his father. (133.9 BUR)



A Summer Reading

Program for Young Children

Dates: June 12, 19, 26 and July 10 & 17
Place & Time: Trinity's Library on Sunday mornings following the 9:45 A.M. service.

Description: Library members will be on hand to read story books. Children will receive prizes and have an opportunity to check out books.

March Memorials

Day Camps

- In memory of Tedd Wright: Bob & Mary Schoenknecht

Endowment Trust Fund

- In memory of Tedd Wright: Ron Retzlaff

Food Pantry

- In memory of Tony Bender: Tom & Sheila Zahorik
- In honor of Chad Anderson's Ordination: Paul & Amber Moltzau

Memorials

- In memory of Tedd Wright: Steve & Pam Craker Family
- In memory of Jean Larsen: Wayne Larsen

Good Samaritan

- In memory of Loretta Voelz: Carla Brandrup

CAMP DISCOVERY

Dates: June 13–17 **Time:** 9:00 A.M.–12 noon

Cost: \$65 **For:** Children who were three by 9.1.10 through those who have completed grade five.

Description: Children will be challenged to discover the magic and beauty of God's world by investigating science and nature through experiments, projects, artwork, and a field trip.



SPORTS CAMP

Dates: June 20–22 **Time:** 9:00 A.M.–12 noon

Location: For this camp, we will meet at Delong Middle School **Cost:** \$40 **For:**

Children who were 3 by 9.1.10 through those who have completed grade four.

Description: The camp will offer skills instruction in various physical activities. Leaders will focus on teamwork, fair play, and Christian values.

CAMP COME AND PLAY

Dates: June 27–June 30 **Time:** Session 2 12:15–2:15 P.M.

Cost: \$50 **For:** Children whose birth dates are between 9.1.2007 and 8.31.2008

Description: Children will have an opportunity to play with other children of their age. They will hear Bible stories, participate in related activities, and take time out to share a treat. This camp is limited to 12 children in each session.

CAMP VEGGIE TALES

Dates: July 11–15 **Time:** 9:00 A.M.–12 noon

Cost: \$65 **For:** Children who were 3 by 9.1.10 through those who have completed grade five. **Description:** Bob the Tomato, Larry the Cucumber, and all their Veggie friends are back for another summer appearance at Trinity's day camps. Sessions will include Bible lessons, skits, Veggie Tale videos, crafts, games, food, and more!

VACATION BIBLE SCHOOL

“SPLASH IN GOD'S WORD”

When things get too hot this summer, we are going to cool off in God's Word. Get wet with Noah, Jonah, and Jesus and learn how water refreshes, guides, and gives us new life!

VBS is scheduled for July 25–29 from 8:45 A.M.–12 noon. The cost is a suggested \$20 donation per child. VBS is for children who were three by 9.1.10 through those who have completed grade six. The Kick Off Event is Sunday, July 24, at the 9:45 A.M. worship service. To register for Day Camps for Vacation Bible School contact Mary Schoenknecht at 715.832.6601.

STAFF NEEDS FOR VBS

Teachers and student helpers are needed for all grade levels. Please sign up on the poster in the lobby on Sunday mornings or at the Children's Ministries office during the week. Contact Mary Schoenknecht for specific information at 715.832.6601 or by email at marys@trinity-ec.org

LUTHER PARK BIBLE CAMP

It's not too late to sign your child up for a Luther Park Bible Camp experience. The camp is located just 45 minutes north of Eau Claire off of highway 53 at Chetek. Programs include:

- Trailblazers Day Camp for Grade s K–2
- Trailblazers Overnight for Grades 2–4, one night
- Trailblazers Bridge for Grades 3–5m two nights
- Keepers of the Earth for Grades 3–5, full week
- Trading Spaces for Grades 3–5, full week

Check out the website at www.LutherPark.org for more information, available dates, and registration or pick up a form at the Youth Tool Bench outside of our main office area. Trinity's Children's Ministries offers 25% of the registration fee as a partial grant. For more information, contact Mary Schoenknecht at 715.832.6601.



Teen Study

Mark your calendars! May 1 is the last day for Teen Study. If you were not able to complete all your teen studies for the year, you will have a chance to make them up next year.

Thank you Wednesday

Student Leaders!

Over the past school year, youth have led all of the Wednesday night services through their talents and generosity. The Youth Ministry Team wants to thank each and every one of them as we could not pull it off without you.

- Thank you to all those who served as ushers. You did an outstanding job with offering and communion. Your faces help to light up the middle of our week!
- Thank you projectionists. Our services could not run without your attention and presence each and every Wednesday.
- Thank you to all members of Cross Word. Your musical talents are outstanding! Your leadership and confidence are a driving force for every worship experience.



Luther Park

It's not too late to sign up for a Luther Park Bible Camp experience. The camp is located just 45 minutes north of Eau Claire off of Highway 53 in Chetek. Trinity offers 25% of the registration fee as a partial grant. Programs for middle and high school students include:

- Power of Faith: a traditional week long camp experience.
- Night Owls: late night activities and extra sleep in the morning.
 - Drummin' and Strummin': music, acting, and creativity.
- Lake Superior Sea Kayak: kayak through the Apostle Islands.
- River Kayak Trips: off site river adventure and basic skills.
- Lifeguard Certification: week long training course.
- J.O.L.T.: leadership camp.
- F.L.O.A.T.: houseboat trip in Voyageur National Park.
- F.L.O.O.D. Servant Trip: mission trip to Milwaukee.
- P.A.L.S.: traditional camp experience with a work component (*it's free*).

Visit www.lutherpark.org for dates, fees and more details for each camp. Brochures are also available at the Tool Bench. Contact Cassie at cassie@trinity-ec.org with any questions.

Summer Opportunities

Uff-da Fest

Do you enjoy working with kids? Do you like to play games and have fun? Then Uff-da Fest is the service opportunity for you! Sign up at the Tool Bench to help lead carnival games on Sunday, May 22, from 11:00 a.m. –noon. Contact Mary Schoenknecht for more information at marys@trinity-ec.org

Vacation Bible School

"Splash in God's World" this summer at VBS the week of July 25–29. Teach a class, assist in the kitchen or craft tent, or join the band. There is a place for everyone! Please sign up on the poster in the lobby or contact Mary Schoenknecht for specific information.

ELCA Youth Gathering

In 2009, 37,000 ELCA high school youth went to New Orleans as guests. We return July 18–22 to New Orleans, Louisiana! The 2012 Youth Gathering's mission is to accompany young people in their faith journey to understand their vocation and articulate their faith in Jesus Christ. Through this mission, participants will Practice Discipleship, Practice Peacemaking, and Practice Justice. Watch for information at the Tool Bench and learn how to be a part of this powerful experience.

Staff Wellness Interview

In the Spotlight...Pastor Kurt!

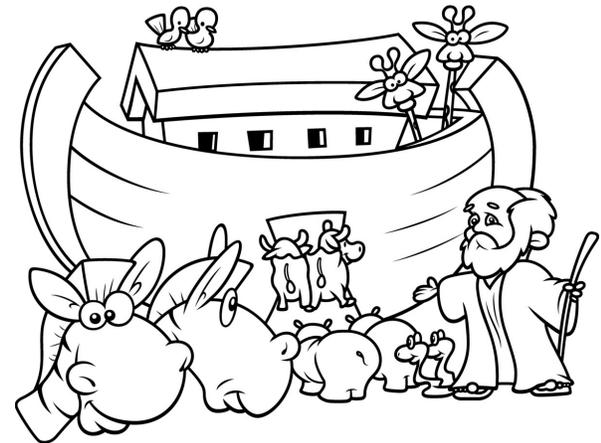
Pastoral care and leadership is considered one of the most stressful and challenging of professions. So, how can we account for our uber-healthy congregation and staff? We are clearly blessed with leaders who make wonderful choices in their own health, committing themselves to addressing all aspects of their whole-person being. Such strong holistic health in our leadership enables them to carry out the rigors of ministry. I recently met with Pastor Kurt to learn about some of his personal practices to maintain a healthy mind, body, and spirit.

- **Physical:** Pastor Kurt is a healthy eater. He deliberately focuses on fresh fruit and vegetables every day and strives to find foods low in fat and high in fiber. Although sleep can elude him at times, he makes exercise a priority with daily workouts at the YMCA and evening walks with his Cocker Spaniel, Ellie. Reading, playing the piano, and time outdoors are sources of relaxation. His weekly day off, daily devotions and meditation, and intentional times of silence provide renewal.
- **Emotional/Social:** Pastor Kurt depends on the great people of Trinity, many excellent friends, and trusted colleagues near and far away for emotional support and social outlet. Periodic massages are a wonderful stress management tool.
- **Intellectual:** Regular communication with our staff and other pastors in the area provide wonderful networking opportunities. Daily reading of Christian journals, news magazines and BBC news, to name a few, keeps Pastor Kurt current on relevant issues.
- **Spiritual:** Pastor Kurt uses three daily devotional books. He has a Prayer Partner, and each week they agree on a theme and pray for each other throughout the week. He also has an Accountability Partner. The purpose of this is to give an honest account of his choices, priorities, and challenges to a faithful and wise companion who points him to Christ. Worship Every Week is a large part of his spiritual practices. At least annually, Kurt strives to engage in a quiet retreat of solitude, prayer, meditation, and rest at a Retreat Center that offers hospitality conducive to these practices.

Does Pastor Kurt face challenges? Sure, all the time. Work presses upon him; concerns for the people of Trinity are always in the forefront of his mind. So getting into intentional activities and practices that keep perspective is always an ongoing challenge.

So now you've learned about the health practices of your three pastors and your parish nurse. Are you considering all aspects of your "whole health" when you consider your daily choices? Are you spending time to nourish your body, mind, and spirit, and be thoughtful and deliberate about those choices? Of course, there will be tough days, maybe even weeks. Some goals may go unmet. Forgive yourself and begin again. Live as faith-filled people and feel God's presence. Celebrate your faith as you move forward on your journey to wellness. And God will walk with you every step of the way.

Peace, Marti Hofer, Parish Nurse



NOAH'S ARK NEWS!

"MAY" there always be sunshine.
"MAY" there always be blue skies.
"MAY" there always be God's love.
And "MAY" there always be me!!

We sing this cute little song, often at our Spring Party Programs, which are Monday, May 9, and Tuesday, May 10, at 7:00 P.M. in the Worship Center! If you'd like to join in the fun, you are invited!

With our spring programs, we are winding up our nine month school year. During May weeks, we will go to the playground often, celebrate with picnics, and go on some end-of-the-year field trips. As the year ends, we say THANK YOU to Trinity for our beautiful classroom, our wonderful teachers, our great custodians and office staff, and all of the Trinity congregation. Preschool is a blessing in our lives, and we give God thanks for the opportunities we have together!

Hugs, for a fun spring!!

Jeanne

PS...special thanks to all of you who participated in our annual Coffee Biscotti fund-raiser. Your orders will be available the week prior to Mother's Day. Look for the delivery cart in the lobby in early May!



"Serving in Christ's Love and Sharing the Good News"

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Ministers

People of Trinity

Congregational President

Kirk Myhre

Pastors

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Noah's Ark Preschool

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Visitation Ministry

Marti Hofer R.N. marti@trinity-ec.org
Parish Nurse

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Youth Ministry Assistant

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Leadership Team Coordinator

Cassie Brenden cassie@trinity-ec.org
Youth Events & Volunteer Coordinator

Building & Grounds

Don Peterson
Melissa Buchli

Nursery Attendant

Kayla Stagliano

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Choir Directors

Gary Rambo—Trinity Choir

Jeanne Cooper—God's Little Singers

Shirley Sands—Totally Joyous Christians, Children's Choir,
Harmony in Spirit

Ryan Poquette—Trinity Tollers

Jami Brieske—Worship Music Leader

Brian Pressler—Worship Music Leader

Missions

Maranatha Church in Kingston, Jamaica

Blantyre Lutheran Parish in Malawi, Africa

Jacqueline & Patrick Bencke, Japan

Seminary Student

Jami Brieske—Luther Seminary

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- Please submit all articles for the Tidings electronically in MS Word, WordPerfect format, or in the body of an email. Submit to: cindy@trinity-ec.org
 - All submissions must be your own work. Any copyrighted material (code, images, or otherwise) must include written permission from the original source.
 - Deadline for June Newsletter is May 24.